



Little Flower Degree College

(Affiliated to Osmania University)

Uppal, Hyderabad

Managed by Brothers of St. Gabriel Educational Society



LEAD TO ILLUMINATE



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JOHANN MENDEL CLUB ACADEMIC YEAR 2019-20

CLUB MEMBER	DESIGNATION
Ms. Rashmi Srinidhi	Coordinator
Ms. Usha Rani	Member
Ms. Rama Devi	Member
Dr. Gomathi. K	Member
Mr. Deepak	Member
Ms. Kranthi	Member
Mr. Kishore Kumar	Member
Dr. Jharna. P	Member
Ms. Gnana Jyothi	Student secretary

ACTIVITIES ORGANISED BY JOHANN MENDEL CLUB

2019-20

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SL.NO	DATE OF THE ACTIVITY	NAME OF THE ACTIVITY	VENUE	DEPARTMENT ORGANISED	NUMBER OF PARTICIPANTS
1	29-08-2019	Preparation of Lozenges	Room No: I22	Botany	25
2	07-09-2019	World Nutrition Day	Karunya Court	Chemistry	35
3	23-01-2020	Seminar on Mental Health awareness and know your neighbourhood friends-snakes	Room No: I33	Zoology	25
4.	4.02.2020	Poster presentation on fermented food	Karunya court	Microbiology	15



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❖ **Event 1: Report on preparation of Lozenges**

Date: 29-08-2019

Venue: Chemistry Lab

Participants: 25

The department of Botany had organised a workshop for Johann Mendel Club on 29th August 2019. The program was on preparation of homemade capsules for cough and cold. A PowerPoint presentation was also shown which dealt with the natural painkillers of the kitchen. The health benefits of Ginger, Honey, Guduchi, Turmeric, Tulsi, Aloe vera was also explained. The procedure for Lozenges preparation was demonstrated. Students also shared their own different ideas about various kitchen items & natural ingredients that help to improve health.



Workshop on Lozenges preparation



Demo on Lozenges preparation for home remedies



Session on home remedies



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❖ Event 2: Nutrition Day

Title: Nutritional food stalls during National Nutrition Week

Date: 07-09-2019

Venue: Karunya Court

Participants: 25

The department of chemistry had organised an activity on 7-9-2019 on the occasion of National Nutrition week for Johann Mendel Club. National Nutrition Week was launched by Food and Nutrition Board in 1982 and is observed throughout the country in the first week of September. It is celebrated to raise awareness on the importance of nutrition and health.

Students had actively participated by putting up food stalls. They displayed nutritious and explained the nutritious values also. They gained a lot of knowledge about the importance of nutrition and the vitamins present in them which helps us to build up the immunity and fight against diseases during illness.



Food stall at Nutrition Day celebration



**Nutritious food demo to Principal
Rev. Bro. Vincent Reddy**



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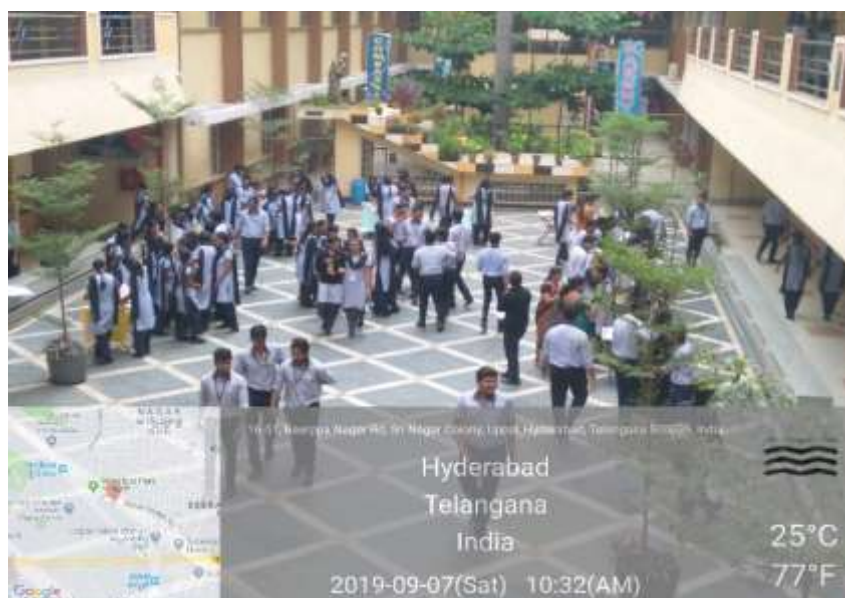
Food stall at Nutrition Day celebration



Demo on importance of whole grains



National Nutrition week celebration





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❖ **Event 3: Seminar on mental health and know your friends in the Neighbourhood-Snakes**

Venue: ICT Classroom I23

Date: 23.01.2020

Participants: 35

The department of Zoology had organized a lecture session to the students by Dr. Gomathi.K, faculty of Zoology, on the topic “**Know Your Friends in the Neighbourhood-Snakes**”. It was attended by students from BZC and BTMC. The speaker enlightened students by giving the importance of snakes as our friends because they maintain balance in the Food Web. Snakes play an integral role in maintaining balance in the ecosystem as they are a natural form of Pest Control. Snakes deserve our respect, appreciation and conservation. The lecture also emphasized on the identification of poisonous and non-poisonous snakes.

Another session was also arranged, which was presented by Ms Deepthi & Spandana of BZC III about the mental health. In the present generation it is very essential to know about Mental health and balance of emotions. The PowerPoint presentation dealt with symptoms, causes and prevention of mental illness.



Student seminar on Mental Health



Students' seminar on significance of mental health



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Seminar by Dr Gomathi. K, Asst. Prof, Dept. of Zoology on “Know your Neighborhood friends’ snakes



Johann Mendel club members



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❖ **Event 4: Poster presentation on Fermented food**

Date: 04.02.2020

Venue; Karunya court

Participants: 15

The department of Microbiology had organized a poster presentation on fermented products for Johann Mendel club on 4th February 20. The posters were made on the importance of natural food and fermentation. Students had demonstrated on varieties of fermented products available in the market.



Demo on fermented food to Principal Rev. Bro. Vincent Reddy



Poster presentation to Vice principal Ms. Jayanthi Reddy



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Posters on different fermented food



Student's interaction on fermented food



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❖ Event 5: Science Day Celebrations, Theme: Women in Science

Venue: Karunya Court

Date: 28th February 2020

Participants: 25

The National Science Day is celebrated all across India as a great event in the field of Indian science. It is celebrated every year on 28th February by students, teachers, scientists and researchers in all the schools, colleges, universities and all educational institutions. Dr Lavanya Sunita, Research Scientist in the field of Medical Genetics, delivered lecture and highlighted the importance of Medical Genetics to the students. Students from BZC I, III & III year made models and charts to show the pivoted role of women in the field of science and how they excelled in it. Small miniature models of Invitro fertilization and zoom in camera was also made and displayed by the students. This exhibition paved a platform to recognize their potential and endeavour in the field of science.



Demo to Guest Speaker Dr. Sunita Lavanya, Research Scientist in the field of Medical Genetics



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Model & Poster presentation on Role of women