



# Little Flower Degree College

(Affiliated to Osmania University)

Uppal, Hyderabad

Managed by Brothers of St. Gabriel Educational Society

**LEAD TO ILLUMINATE**



# PSYCHOLOGY

## 2018-19



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## FACULTY OF PSYCHOLOGY ACADEMIC YEAR 2018-2019

Faculty of Psychology  
Ms. Shashirekha

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## **FIELD TRIP TO NATIONAL INSTITUTE FOR THE EMPOWERMENT OF PERSON WITH INTELLECTUAL DISABILITY**

NAME OF THE PROGRAMME : FIELD TRIP  
DATE : 21/09/2018  
NO. OF PARTICIPANTS : 47  
VENUE : NIEPID, HYDERABAD.

The Faculty of Psychology conducted a field trip Students to NIEPID- HYDERABAD to draw connections among the theory and practice of learning and identifying the factors that cause intellectual disability and how they can be managed through practical exposure. By the end of the field trip Students learned that there could be hope in mentally retarded life as they are taught skills to be independent in their personal work.



Students interacting with NIEPID students



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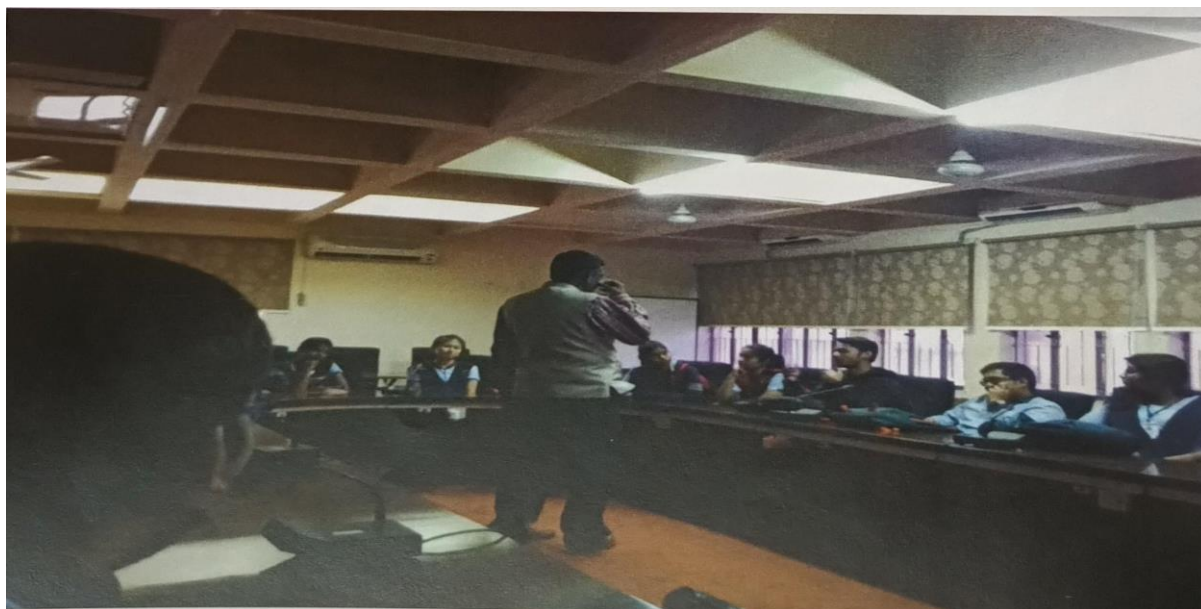
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## **FIELD TRIP TO NATIONAL INSTITUTE FOR THE EMPOWERMENT OF PERSON WITH INTELLECTUAL DISABILITY**

NAME OF THE PROGRAMME :FIELD TRIP  
DATE : 28/01/2019  
NO. OF PARTICIPANTS : 63  
VENUE : NIEPID, HYDERABAD.

The Faculty of Psychology conducted a field trip Students to NIEPID- HYDERABAD to examine and distinguish about the causes of speech and hearing loss, and special teaching methods for the same. Students were able to learn the causes of mental disability and also how mentally challenged students were dealt with also had insights about process of taking case studies



Students attending the lecture by staff of NIEPID





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## LIFE SKILLS AND STRESS MANAGEMENT

NAME OF THE PROGRAMME : WORK SHOP  
DATE : 18/01/2019  
NO. OF PARTICIPANTS : 22  
VENUE : University PG College, Secunderabad

The Faculty of Psychology attended a workshop on LIFE SKILLS AND STRESS MANAGEMENT along with the students that was held in University PG College, Secunderabad. The objective of the event is to identify core areas of stress and how to systematically plan to overcome stress. Students had a chance to witness an amazing workshop by Dr Jagadish & Shanthi Reddy. Students were able to understand the causes of extreme stress and were able to identify them and learnt strategies and techniques like breathing exercises in the workshop.



Student interacting with the resource person