



Little Flower Degree College

(Affiliated to Osmania University)

Uppal, Hyderabad

Managed by Brothers of St. Gabriel Educational Society

LEAD TO ILLUMINATE



PHYSICAL EDUCATION

2023-24



Little Flower Degree College

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Prativa Prusty - Physical Director Games & Sports

INDEX 2023-24

S.NO	DATE	EVENT	VENUE	NO OF PARTICIPANTS
1	29-08-23	National Sports Day Celebration-Basketball Throwball competition groupwise	LFDC campus	8 teams
2	29-08-23	Inter College games and sports competition for all staff both teaching and non-teaching on the occasion of Teacher's Day	LFDC campus	5 teams
3	29-08-23	Chess tournament age wise U-15 and open across the twin cities collaboration with 1st Varas chess Academy	LFDC Auditorium	200
4	22-09-23	Chess workshop	Montfort	38
5	25-09-23	3*3 inter college basketball tournament	Villa Marie	3
6	26th & 27th Sept 2023	Inter college basketball & volleyball tournament for +1 & +2 students	LFDC campus	10 colleges
7	13th to 18th Nov 2023	South zone Inter university basketball tournament	University of Kerala	1
8	November 9th 2023 to March 12th 2024	Intra collegiate competition	LFDC campus	Team games group wise & others individual
9	26-04-24	Sports Valedictory	LFDC campus	250
10	23rd &24th Nov 2023	OU ICT Basketball women	St Francis degree college	10



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11	24th 25th Nov 2023	OU ICT Volleyball women	GHMC Play Ground, Audiah Nagar organised by Koti women's college	7
12	27th to 30th Dec2023	South zone Inter university tennis for-men	Vijayawada Loyola college	1
13	30th & 31st Jan2024	OU ICT Basketball-men	Loyola Academy	12
14	30th & 31st Jan2024	OU ICT Football-men	Loyola Academy	15
15	12th & 13th Feb 2024	Inter collegiate Basketball (M&W)	LFDC	17 teams
16	1st to 3rd March 2024	Inter collegiate Basketball tournament-men organised by NALSAR University	NALSAR University	7
17	15th &16th March 2024	Rana Rangam intercollegiate basketball tournament-men	Institute of public Enterprise	6
18	22nd & 23rd March 2024	Inter collegiate basketball & Volleyball tournament -(M&W)	Symbiosis Law college	3 teams
19	24th March 2024	BSCA open rapid chess tournament	Bs chess Academy, Alka Puri	1



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Event 1: Chess Tournament

Date: 03-09-2023

Venue: LFDC

CHESS TOURNAMENT

The faculty of Physical Education organised a chess tournament age wise U-15 and open across the twin cities on 03-09-2023 in the LFDC campus auditorium in collaboration with 1st Varas chess Academy. After the competition, valedictory took place in the evening at 7pm and prize were announced with Rev Bro Arun Prakash, correspondent of LFDC giving away the awards.



MOU with Varas chess academy



Winners of the competition



Chess tournament



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Event 2: National Sports Day competitions

Date: 29/08/2023

Venue: LFDC campus

NATIONAL SPORTS DAY CELEBRATION

The faculty of Physical Education organised 'Basketball Tournament' for men and 'Throwball Tournament' for women on the occasion of "DHYANCHAND JAYANTHI" also called as "NATIONAL SPORTS DAY" on 29/08/23 from 02:00pm. The tournament conducted groupwise. The students had form teams, groupwise. The winner of Throwball matches women BCom Dept and the runners BA Dept. The Basketball men winners BCom- CA & BBA Runners.



Throwball winners & runners



Basketball winners & runners



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Event 3: Teachers Day Celebration-Tournaments

Date: 29th August 2023

Venue: LFDC campus

TEACHERS DAY CELEBRATION-Tournaments

On the occasion of Teacher's Day, the faculty of Physical Education conducted Inter College games and sports competition for all staff both teaching and non-teaching on 29th August 2023 at 10:00a.m. Games are Throwball, Badminton & tug of war. Five institutions participated in this tournament. The Faculty concluded the teacher's day games and sports tournament with the valedictory ceremony, the chief guest for the closing ceremony was Rev. Bro Arun, Rev. Bro. Jacob & Principal of LFDC. congratulated all the staff from various colleges of the twin cities for playing the game in the spirit of the game. The valedictory ended with the vote of thanks and national anthem.



Rishi School vs LFDC



Badminton tournament



Throwball match



LFJC vs LFDC throwball match



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Event 4: Megathon 2023 3*3inter College Basketball Tournament

Date: 25th September 2023.

Venue: villa maria degree college

MEGATHON 2023 3*3INTER COLLEGE BASKETBALL TOURNAMENT

LFDC basketball team participated in Megathon 2023 3*3 inter collegiate basketball tournaments organised by villa maria degree college on 25th September 2023. 20 teams participated in that tournament, one of them being the LFDC team. 3 players participated in this tournament. our team secured 2nd place. **The list of the players-** Tarun BCom-CA 1st, Antony toms BCom Gen 3rd, Sham BCom-CA 1st, Abhishek BCom-CA 1st



LFDC team receiving the trophy



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Event 5: Chess Workshop

Date: 22/09/ 23

Venue: Montfort Hall

CHESS WORKSHOP

The faculty of Physical Education conducted a chess workshop on 22/09/ 23 at Montfort Hall at 02:00 pm to 03:30pm. V Raghav Srivastava founder and chief coach of Varas chess academy was the coach and he helped the students and coached them on the various moves related to chess. He taught them that playing chess can improve their cognitive skills, making them more alert and sharper. The coach informed about the benefits of playing chess. Later, there was felicitation of the coach for the amazing workshop.



Chief coach Varas Chess Academy Mr V Raghav Srivastava



Students are attending a chess workshop.



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Event 6: Inter collegiate tournament

Date: 26th & 27th Sept 2023

Venue: LFDC campus

INTER COLLEGE BASKETBALL & VOLLEYBALL TOURNAMENT (M&W) FOR INTER STUDENTS

The faculty of Physical Education organised basketball and volleyball tournament for intermediate college and +2 schools [boys & girls] on 26th & 27th Sept 2023 in LFDC campus 10 teams had participated. The first day matches are started smoothly. Second day was the valedictory ceremony in the Montfort Hall. The chief guest for the valedictory function was Mrs. Sowjanya Karnatapu she was an international Athlete and won a lot of medals in international competitions. She is currently working as TTI in Indian railways at Secunderabad. The winners of the basketball competition [boys] were LFJC and runners were K. V [picket]. the winners of basketball[girls] winners St. Francis Jr college and runners were St. Ann's junior college. The winners of volleyball competition[boys] were of Loyola Jr college, followed by runner's LFJC. The Winner's for volleyball competition [girls] was St. Ann's junior college, followed by runners St. Francis junior college.



St Ann's J C receiving the winner trophy

Loyola j c receiving the trophy



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Final match Basketball LFJC vs K V Picket



Final volleyball match LFJC vs Loyola



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LFJC vs K V Picket



Final match St Anns vs St Francis



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Final match volleyball LFJC vs Loyola



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Event 7: South Zone Inter University Basketball Tournament

Date: 13th to 18th Nov 2023.

Venue: University of Kerala

SOUTH ZONE INTER UNIVERSITY BASKETBALL TOURNAMENT

Samrudh from BBA 3rd Year got selected for OU team and participated in South Zone Inter University at University of Kerala on 13th to 18th Nov 2023. The OU team lost in 2nd match.





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OU team with ICT secretary





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Event 8: OU ICT Basketball tournament for women

Date: 23rd and 24th Nov 2023

Venue: ST Francis degree college

OU ICT BASKETBALL WOMEN

OU ICT Basketball tournaments were conducted for women by ST Francis degree college on 23rd and 24th Nov 2023. 12 teams were a part of this tournament. Out of 4 matches we've won 1 match with Reddy college. The players are: Manasa (BSc BTMC 3), Sravani Laxmi (BA 3), K Sowmya BTMC-3, M Sri Harshita Btmc-3, Sristi BCom Hon-2, Merlyn Marvel MA Psy-2, M Rakshita BTMC-2, Joha Sabar BTMC-2, Nayomi- BCom-CA-1 and D Ananya MZC-1





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LFDC women Basketball team



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Event 9: OU intercollegiate volleyball

Date: 24th and 25th Nov 2023

Venue: Koti Women's college

OU ICT VOLLEYBALL WOMEN

LFDC women volleyball team participated in OU intercollegiate volleyball tournaments organised by Koti Women's college on 24th and 25th Nov 2023. 16 teams participated in that tournament one of them being the LFDC team and 7 players participated. out of 3 matches our team won 1 match with OUCW. List of the Players-G. Shivani Bcom-Ca-3rd Year, T Dhivehi – BA 2nd, A Poojitha Ba1st Yr, Namita Chandra-Ba 2nd, Akansha BCom 3rd Year, Akshita Ba1st Year and Usha T Ba 3rd yr.

LFDC VOLLEY BALL TEAM



LFDC vs OUCW



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Event 10: South Zone Inter University Long Tennis tournament

Date: 27th to 30th December 2023

Venue: Krishna University, Machilipatnam.

SOUTH ZONE LONG TENNIS INTER UNIVERSITY

K Aneesh Reddy 2nd Year BBA got selected for OU team participated in South Zone Inter University Long Tennis tournament at Vijayawada Loyola college organised by Krishna University, Machilipatnam on 27th to 30th December 2023. The OU team lost in quarter final.



OU team & Aneesh Reddy



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Event 11: OU intercollegiate basketball

Date: 30th and 31st Jan 2024

Venue: Loyola academy

OU ICT BASKETBALL (men)

The LFDC basketball team participated in OU intercollegiate basketball tournaments organised by Loyola academy on 30th and 31st Jan 2024. 16 teams participated in that tournament, one of them being the LFDC team. 10 players participated in this tournament. Our team got 3rd place. The players are- P D Samridh

BBA 3rd, T. Panduranga BCom CA 3rd, S Abhishek BCom CA 3rd, Tarun BCom CA 1st, Sam BCom CA 1st, Antony Toms BCom General 2nd, Priyansh Jain BBA 2nd, Sidhanth MA Psychology 2nd, Shrujan S MECS 3rd & Varun BCom CA 3rd.



LFDC team receiving the trophy



LFDC team with the Trophy's



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Event 12: Inter college basketball tournament for degree students

Date: 12th & 13th Feb 2024

Venue: LFDC campus

INTER COLLEGIATE BASKETBALL TOURNAMENT (M&W) FOR DEGREE STUDENTS

The faculty of physical education of LFDC has organised inter college basketball tournament for degree students on 12th & 13th Feb 2024 in LFDC campus. 12 teams in basketball (men) & five teams (women's) participated. After all the matches valedictory ceremony was conducted next day. The chief guest of the ceremony was Mr Prasad former international basketball player, present working in Indian railway & Principal Ms Jayanthi Reddy of LFDC presents the trophy to the players. The winners & runners list as follows. 3rd place men- LFDC team, 2nd place men- ST Joseph's degree college and the winner Loyola Academy. women 2nd place - Loyola academy and the winners were St Francis degree college.



Third place in basketball-LFDC



Winners-Loyola Academy



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Runners team - St Josephs



Winners of basketball women St Francis degree college



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Runners of basketball women Loyola Academy



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Event 13: Inter collegiate basketball tournaments

Date: 1st to 3rd March 2024.

Venue-NALSAR university

NALSAR UNIVERSITY INTER COLLEGE BASKETBALL TOURNAMENT

The LFDC basketball team participated in intercollegiate basketball tournaments organised by NALSAR university on 1st to 3rd March 2024. 20 teams participated in that tournament, one of them being the LFDC team. 7 players participated in this tournament. Our team got 2nd place. The List of the Players - P D Samridh BBA 3rd, T. Panduranga BCom CA 3rd, Tarun BCom CA 1st, Sam BCom CA 1st, Antony Toms BCom G 2nd, Priyansh Jain BBA 2nd and Sidhanth MA PSHYCOLOGY 2nd Year.



LFDC team receiving the trophy



LFDC team with Brother



LFDC basketball team with Principal Ms Jayanthi R



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Event 14: intercollegiate basketball tournaments

Date: 15th and 16th March 2024

Venue: Institute of public enterprise

INTER COLLEGE BASKETBALL TOURNAMENT ORGANISED BY IPE

LFDC basketball team participated in intercollegiate basketball tournaments organised by institute of public enterprise on 15th and 16th March 2024. 12 teams participated in that tournament one of them being LFDC team. 6 players participated in this tournament. Our team got 2nd place. The list of the players_P D Samridh BBA 3rd, T. Panduranga BCom ca 3r, Tarun BCom ca 1st, Sam BCom ca 1st & Antony Toms BCom General 2nd.



LFDC team receiving the trophy from the chief guest



LFDC team receiving the medals



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Event 15: BSCA open rapid chess tournament

Date: 24th March 2024

Venue: B S Chess Academy

CHESS TOURNAMENT

Sparsh from BA 1st year got second place in BSCA open rapid chess tournament and selection for spark chess academy 1st international open fide rating chess tournament 2024 on 24th March 2024. Sparsh is blind since his childhood but his blindness did not become a hindrance for his achievement of 2nd place in the tournament.



Sparsh with the Trophy



Sparsh receiving the trophy



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Event 16: Symbiosis Inter College Tournament

Date: 22nd & 23rd March 2024

Venue: symbiosis law college

SYMBIOSIS INTER COLLEGE TOURNAMENT

LFDC basketball men, volleyball men & women team participated in intercollegiate basketball tournaments organised by symbiosis law college. 10 basketball & 10 volleyball men & 4 women volleyball teams participated in that tournament, one of them being the LFDC team. 6 players from basketball, 6 players from volleyball men and 6 players from volleyball women participated in this tournament on 22nd & 23rd March 2024. Basketball team lost in the quarter final match with KMIT, the volleyball women team also lost in the semifinal with symbiosis law college and volleyball men team won all matches and became the winner of the tournament. The list of the players - basketball - T. Panduranga BCom CA 3rd, Tarun BCom CA 1st, Sam BCom CA 1st, Antony Toms BCom g 2nd, Priyansh Jain BBA 2nd and Srujan BSc 3rd Year, Vol 3rd, Amarnath BCom General 3rd, Vivek Verma BBA 2nd, Narasimha BBA 1st and Nishan BAB 1st.



LFDC Volleyball team with the trophy



LFDC volleyball team with Brother



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Event 17: Intra Collegiate Tournament

Date: November 9th 2023 to March 12th 2024.

Venue: LFDC campus

INTRA COLLEGIATE COMPETITION

Faculty of Physical Education of LFDC Conducted Intra Collegiate Tournament Class wise From November 9th 2023 to March 12th 2024. The Schedule as Follows:

1. Basketball (men)
2. Throwball (Women)
3. Football (M)
4. Cricket (Men)
5. Cricket (Women)
6. Volleyball (M)
7. Carrom- (M&W)
8. Chess-(M&W)
9. Badminton-Single (Men)
10. Badminton-Double (Men)
11. Badminton-Single (Women)
12. Badminton-Double (Women)
13. 100 Metres Run (W)



Chess final



Carroms final



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Carroms final



Badminton Doubles final



Singles final



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Chess



Badminton singles



Badminton Doubles

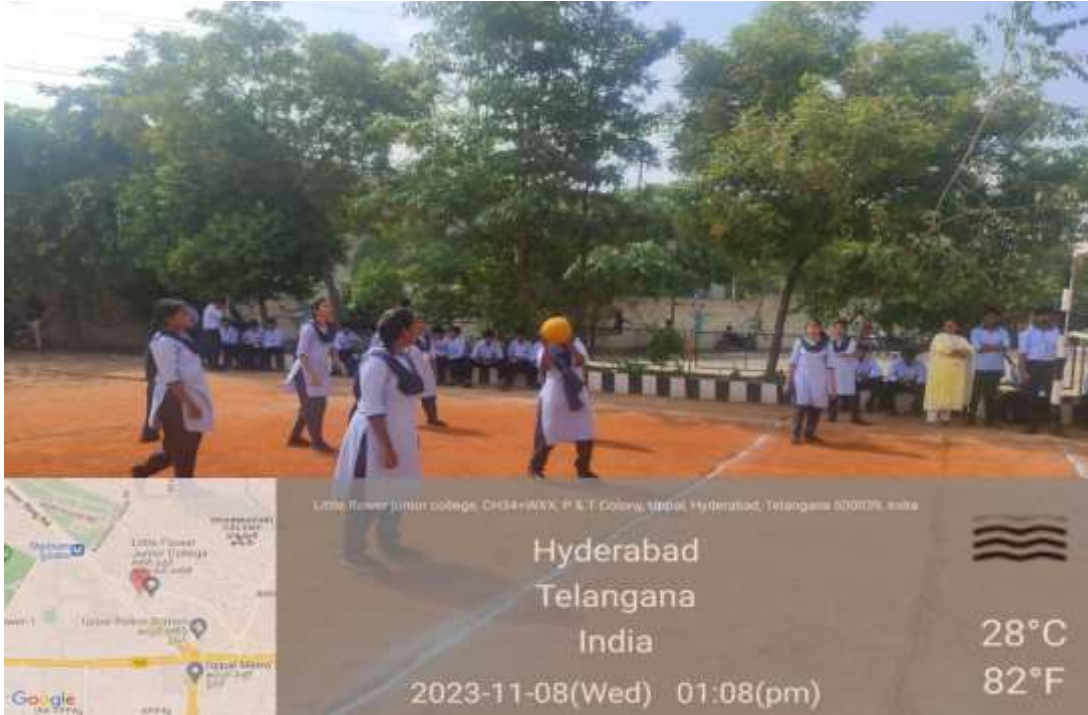


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Throwball & Basketball matches

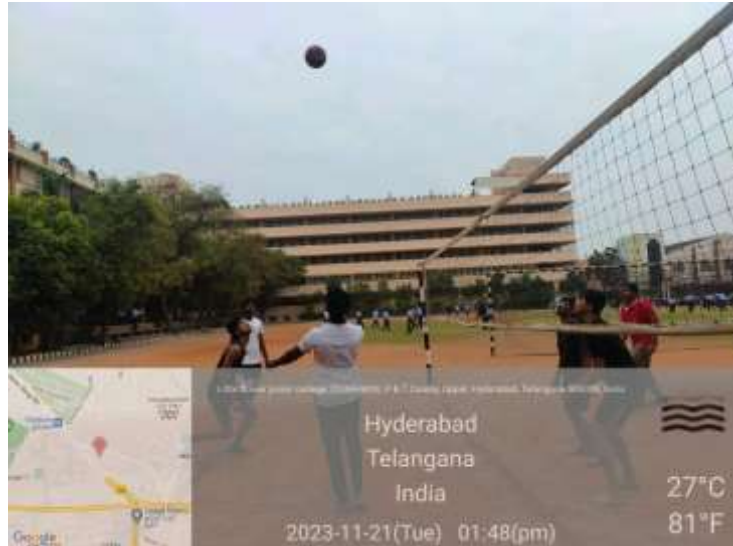


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Basketball & Volleyball finals



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Event 18: 28th junior & sub junior National Road cycling championship 2024

Date: 12th January 2024

Venue: Vijayapura, Karnataka.

28th JUNIOR & SUB JUNIOR ROAD CYCLING CHAMPIONSHIP - MEN

Chirayush of BA 1st year participated in 28th junior & sub junior National Road cycling championship 2024 on 12th January 2024 at Vijayapura, Karnataka. His performance was very good and he secured silver medal.





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Chirayush receiving medal



Chirayush medal news in DC news paper





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Event 19: Best player award in Kickboxing

Date: 19th December 2023

Venue: Nagaland

KICKBOXING

P Srinath of BSC MPC 2nd year got best player award in Kickboxing champions of champion-2023 recognized by Ministry of youth affairs & sports, Govt of India on 19th December 2023 at Nagaland.



Srinath with the trophy



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Event 20: One day rapid chess tournament

Date: 14th April 2024

Venue: Decathlon, Uppal Hyderabad.

CHESS OPEN TOURNAMENT

Sparsh of Ba 1st year got a special award in one day rapid chess tournament on 14th April 2024 at Decathlon, Uppal Hyderabad.



Chess tournament



Sparsh with the trophy



Sparsh receiving the trophy at Decathlon



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Valedictory of inter collegiate Games & Sports-On 26th April 2024



Best Sportsperson of the year 2023-24- Samridh BBA final year



Throwball winner's final year BCom-CA



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Basketball winners- BBA-B final year



Volleyball winners BCOM Ca second year



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Cricket runners' final years



Chess runner Sparsh BA 1st year



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Cricket winners second year



Football winners' final year



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Carroms winner



Carroms winner & Runner



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Badminton winner & Runner



100mts 1st,2nd & 3rd place