

LIMITED SPACE, UNLIMITED ABILITIES

LFD&PGC

'In'sight



CELEBRATING
DIWALI



**THROWBACK
TO THE TRIP**

**CHILDREN'S
DAY**

**SHYAMA SHASTRI
GAUTAM BUDDHA**

*November's
Tapestry*
2023 edition

**BEHIND
CLOSED
DOORS EP:3**

**EUPHEMIA
OF
LIGHTS**

“

Little Flower Degree & PG College, Uppal is a Catholic Minority Institution established by the Montfort Brothers of St. Gabriel. It was started in 2008 as a part of Little Flower Junior College, Hyderabad. At present the College buildings comprise two imposing Four storied-blocks. Spacious grounds and plenty of greenery all around, give the College an impressive look and create a congenial atmosphere for academic pursuits. The large and numerous classrooms have given rise to a substantial increase in students strength.

We are proud to stand tall and be known as one of the best colleges in the city. It is our endeavor, to move forward with the willing and active co-operation of everyone who is a partner in the blossoming and grooming of "LITTLE FLOWERS".

”

EDITOR'S NOTE

Dear Readers,

As we delve into the heart of November, a month of immense significance in the Indian context, we are excited to present to you the latest edition of 'In' Sight.

This month's issue is a journey into the rich and diverse tapestry of festivals that define this time of year in our incredible nation. November holds a special place in the Indian calendar as it transforms into a vivid canvas of traditions, colors, and celebrations. It is a month that unites our nation through the grandeur of our cultural heritage.

In this issue, we explore the core of this festive melange, highlighting the beauty and significance of festivals like Diwali, Children's Day, and more. We will uncover the stories, rituals, and profound cultural significance behind these celebrations that bind communities and connect us to our roots.

However, November's significance goes beyond festivities, marking the transition to winter and the sense of rejuvenation and change.

We extend our heartfelt appreciation to the students who have generously shared their insights and creativity with us in crafting this issue. Your stories, artwork, and photography have been instrumental in making "In' Sight" an ever-evolving part of student life, vividly reflecting the dynamic spirit of our campus.

November's edition is a tribute to the unity in diversity, a portrayal of the cultural mosaic that is India. We hope this issue fills your hearts with joy, imparts knowledge, and deepens your understanding and appreciation of the traditions that make our nation uniquely diverse.

We wish you all a festive and joyous November!

**Warm Regards,
Team 'In'Sight.**

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Last Month's Recap

1 October - Coffee and Music day

2 October - Gandhi jayanti

4 October - International non-violent day

**5-6 October - Intra Collegiate
culture competitions**

8 October - Air force day

**9-10 October - Intra Collegiate
literary competitions**

15 October - World students day

16 October - World food day

16-23 October - College trip

23 October - Mahanavami

24 October - Vijaya Dasami

31 October - Halloween

Intra College Literary & Cultural Competitions



Diwali: The Euphemia of Lights

Diwali, or Deepavali, literally translates into 'The Festival of Lights.' Diwali is a beloved festival all over India. It is celebrated all over the world with a lot of fervor. It is celebrated in the month of Kartika (between mid-October and mid-November). It is celebrated on Amavasya (15th day of the month) of the month of Kartika. Diwali in North India is usually celebrated over a period of five days, which includes Dhanteras, Chaturdashi, Diwali, Govardhan Pooja, and Bhaidooj. In South India, the festival spans over 3 days, with the main day of festivities being observed on Chaturdashi, known as Naraka Chaturdashi in. It is believed in North India that it was the day when Rama, Sita, and Lakshmana returned to Ayodhya from Lanka and that the people of Ayodhya welcomed them by lighting up lamps all around in Ayodhya. In South India, it is believed that Diwali is the day when Lady Satyabhama killed the demon Narakasura. It is believed that the demon Narakasura kidnapped a lot of women from Dwaraka, including the queen of Dwaraka, Lady Rukmini. Krishna, along with Lady Satyabhama, went to save the women from the demon, but Lord Krishna ended up getting hurt, and it was Lady Satyabhama who killed Narakasura then. Diwali is a festival that brings more joy. But these days, everyone is forgetting that Diwali is about the lamps or the 'diya' and not about crackers. So let's all have a safe and joyous Diwali without harming ourselves or the Mother Nature!



GAYATRI BBA 3B



Habit Loop

DIET: HERBAL TEA, GREEN TEA ETC

having a cup of herbal tea daily increases our metabolism
and keeps us healthy and fit!

the readers are encouraged to find their healthy diet of
their own interest.



Current Affairs

- The Parliament of India has passed a bill for women's reservation to be 33% in the Lok Sabha and state legislative assemblies.
- SRO has successfully launched the rocket L1 for a solar observatory mission.
- The G20 summit was conducted in India for the first time since the establishment of the G20.
- Birth document as the single document to link to Aadhar.
- There have been earthquakes in Morocco with a magnitude of 6.8, in Nepal with a magnitude of 5.3 (whose tremors were felt in New Delhi), and in Afghanistan with a magnitude of 6.3.
- Red Bull's Max Verstappen has been unstoppable in his recent events, including the Hungarian Grand Prix, the Italian Grand Prix, the Japanese Grand Prix, and the Qatar Grand Prix.
- Mohammed Siraj is back as the No. 1 ODI bowler in the world.
- Novak Djokovic becomes the title champion of the US Open 2023.
- Neeraj Chopra wins a silver medal in the men's javelin event in the Diamond League 2023 in Zurich.
- India has won record-breaking medals in the Asian Games 2023, with a total of 107 medals, including 28 gold medals, 38 silver medals, and 41 bronze medals.

Know the ropes learn the ropes

1. "to have a spring in one's step" -

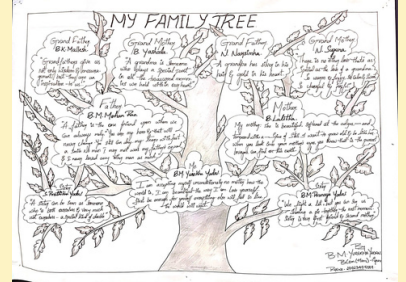
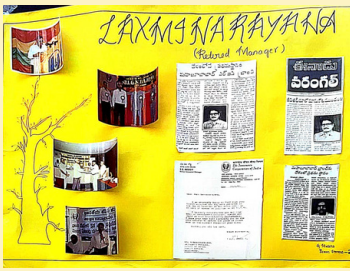
this means to be energetic and without worry.

2. "to have a new lease on life" -

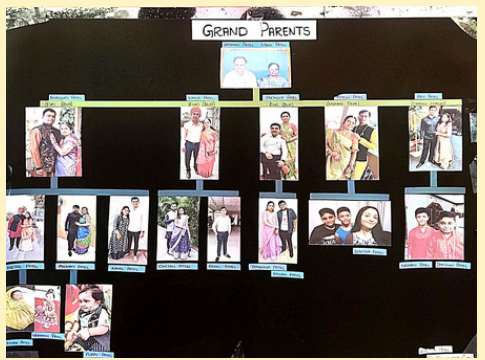
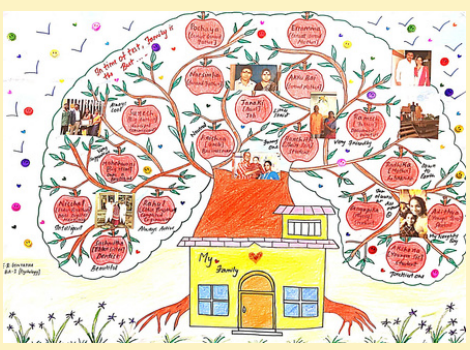
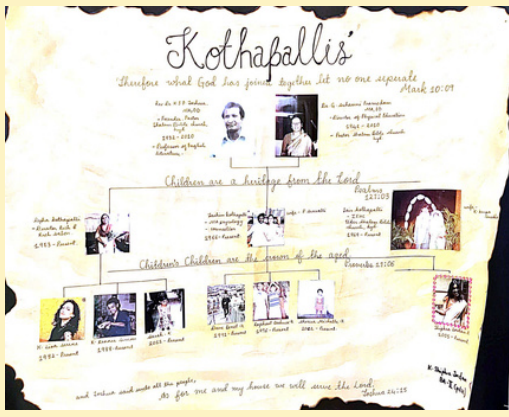
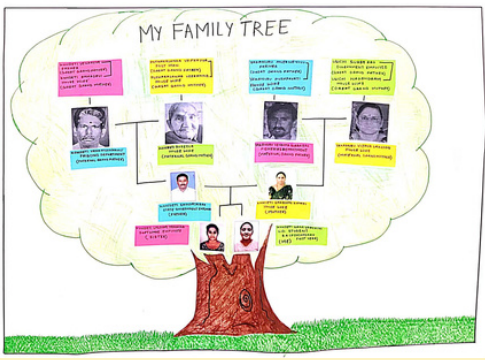
this refers to a change in attitude and feeling for the better.

3. "as fit as a fiddle" -

this means to be in excellent physical shape or to be very healthy.



JOURNEY THROUGH GENERATIONS



NATIONAL SEMINAR ON POST PANDEMIC SCENARIO: ORGANISED BY DEPARTMENT OF MICROBIOLOGY, OSMANIA UNIVERSITY.

ON 11TH OCTOBER 2023,

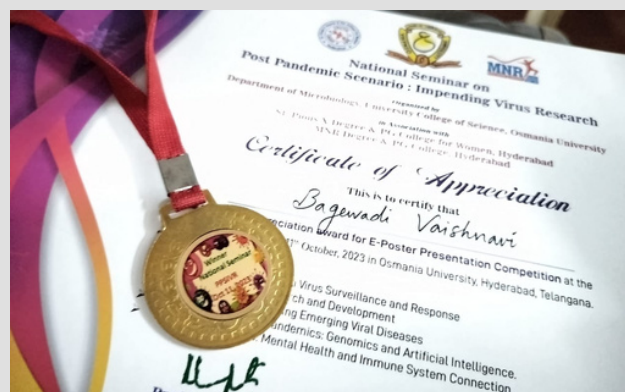
DEPARTMENT OF MICROBIOLOGY (OSMANIA UNIVERSITY) Conducted a national seminar on post pandemic scenario in association with St. PIOUS X DEGREE & PG COLLEGE AND MVN COLLEGE .

The seminar witnessed a total participants of 271 students from various streams and degrees. The seminar began at 9.00AM with a prayer followed by welcoming the chief guests .The Chief Guest of the program was Prof Y..Narasimha Reddy, EX -Dean PVNR Telangana Veterinary University.

The competition held was an e-poster competition where the students were asked to create e-poster on any one of the topics given :The e-poster has to be attached with the voice recording and sent to the respective email. I, Bagewadi Vaishnavi, BZC -3, student of LFDC has made an e -poster on Nipah Virus .The program continued till evening 4.30 with various speeches delivered by many professionals. The session was very insightful with lots of new information and doubt solving sessions. It was followed by a valedictory program where I (Bagewadi Vaishnavi)bagged first prize and was awarded gold medal and a certificate .

Overall the session was very interactive and informative giving students a chance to showcase their talent .

Wall of Fame



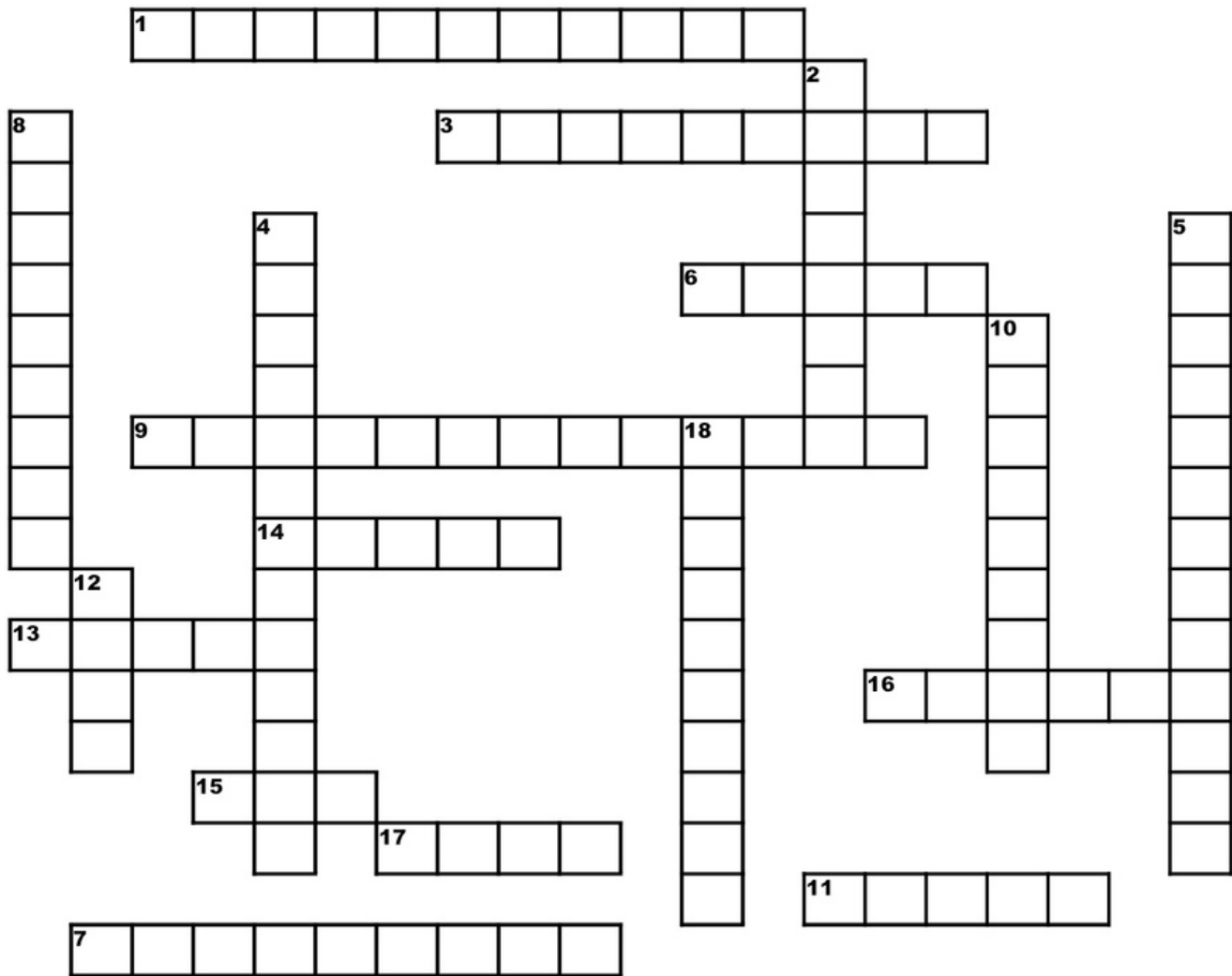
Soul Whisper Of The Month

IT TAKES BOTH rain and the sun to grow beautiful plants.

IT TAKES BOTH light and dark to complete a day.

accept both compliments and criticism gracefully.

DISNEY CROSSWORD



ACROSS

1. WHAT IS A FAMOUS CARTOON WALT DISNEY MADE, AND IS ALSO THE FACE OF DISNEY?
3. WHAT IS THE LAND CALLED WHERE YOU NEVER GROW UP?
6. WHO DID PETER WANT TO BE THE LOST BOY'S MOTHER?
7. WHO WAS THE BOY WHO PLAYED WITH STUFFED ANIMALS?
9. WHAT CHARACTER THOUGHT THE SKY WAS FALLING?
11. WHO HAD A PET PIG AND CHICKEN?
13. WHO FELL INTO A RABBIT HOLE?
14. WHO IS PRINCESS JASMINE'S PET?
15. WHAT IS THE LITTLE GIRL'S NAME IN MONSTER'S INC.?
16. WHAT IS ALADDIN'S PET?
17. WHAT DID ARIEL BRUSH HER HAIR WITH?

DOWN

2. WHO HAS LONG BLOND HAIR?
4. WHO WAS A YELLOW BEAR THAT LOVED HONEY?
5. WHAT WAS THE ASTRONAUT'S NAME IN TOY'S STORY?
8. WHO WAS THE FIRST DISNEY PRINCESS?
10. WHAT WAS PRINCESS ARIEL'S ONE WISH?
12. WHICH PRINCESS HAD SNOW POWERS FIRST?
18. WHAT IS THE FAIRIES NAME FROM PETER PAN?

**MR./MS.
BRAINY**

GAYATRI BBA 3B

October edition



Behind Closed Doors



Episode 3: a Pitfall.

When she pointed her finger towards me, I was shocked to death. People began to scold me, and the security guard turned on her smile. Meanwhile, the weather became chilly and near my apartment there was an open land where there were two people who sat near the fire. They were very tired, so they put up a pan in the fire and spewed some water, then they added some masala to it. When it started to boil, the flavor spread all over the street, and they added the noodles and gave it a finishing touch with a green leaf, and they slurped it. They think they have a boon that, if their stomachs are full, they can achieve their goal successfully. So they started to listen to the sounds from the base, and they rushed towards that place. They saw the situation, and Bolu asked his fellow mate Golu to plan a robbery as an interesting scene was happening here and none would catch them. Golu looked into the eyes of Bolu and giggled sarcastically and admitted that he couldn't even steal the chocolates of kids. Golu angrily hits his head...

-NAGA VARSHINI BA 1

To be continued...

Fact of the Month

Dogs can tell time by smell.

They can smell different times of the day and how long you have been gone by how much your (owner's) smell has dissipated since you left.

A dog's nose is a notoriously sensitive piece of equipment. With up to 300 million olfactory receptors compared to our 5 million, a dog can detect a single teaspoon of sugar dissolved in a million gallons of water, the equivalent of two Olympic-sized swimming pools.

Unlike us, dogs are able to take in scent continuously, even as they exhale.

What's more, a dog's nostrils are smaller than the distance between them, effectively giving dogs' 'Stereo' sniffing that carries subtle grades of information, including directionality.



Shyama Shastri

Shyama Shastri, who was born to the Telugu Brahmin family, Vishwanatha Iyer and Vengalakshmi, on April 26, 1762, in Tiruvarur, Tamil Nadu, and whose birth name was Venkata Subrahmanya, He is one of the oldest popular trios of classical music; the other two were Tyagaraja and Muthuswami Dikshitar. He learned the basics of classical music, but he also learned the Vedas and astrology from his maternal uncle.

Later, he learned the music from the Durbar musician of Thanjavur, i.e., Adiyappa. Shyama Shastri composed a very small number of kritis, about 300, but most of them were famous in Indian classical Carnatic music compared with other famous musicians. He worships the goddess Kamakshi, and most of the kritis are written in Tamil. He created Navaratnamalika, which consists of nine kritis in Madhurai. He is called the creator of Sarajati, usually a dance form, but afterwards it has been turned into a song form by removing the jatis.

He composed most of the songs in Telugu and a few in Sanskrit, as well as Tamil. Without nodding his head, he can render his classical music in swarajatis. Disciples of Shyama Shastri: Subbaraaya Shaastree, Taarangamba Di Pancanaatayyar, and Alasur Krishnayaar. He composed 47 compositions in 29 ragas that are available today.

He died in the year 1827, on February 6th.

పల్లవి

శంకరి శం-కురు చంద్ర ముఖి అఖిలాండేశ్వరి

శాంభవి సరసిజ

భవ వందితే గౌరి అంబ



అనుపల్లవి

సంకట హరిణి రిపు విదారిణి కల్యాణి

సదా నత ఫల దాయికే హర నాయికే జగత్-జనని (శంకరి)



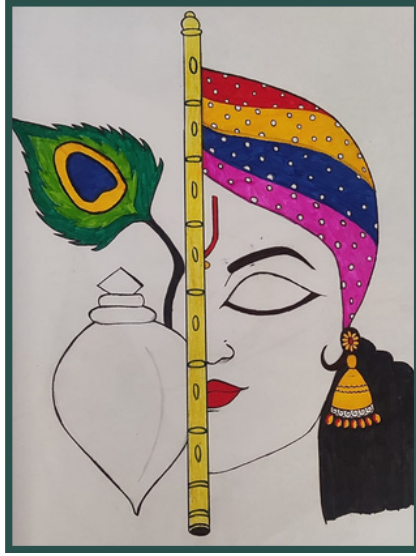
VIJAY BHASKAR
DEP. COMP.



Artist's Finest



SUNITA BSC 1

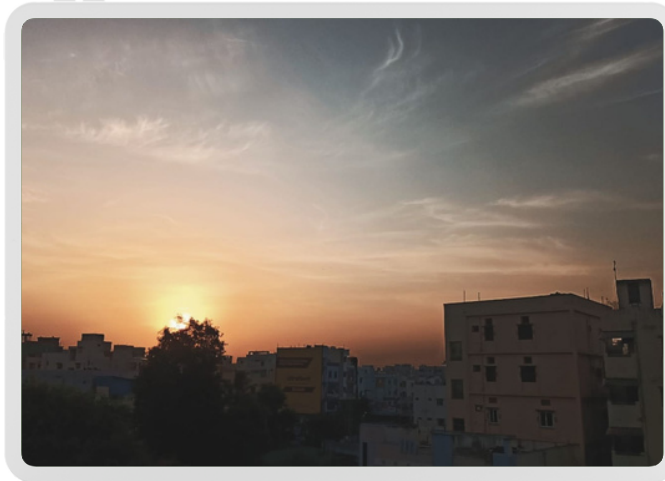


SHREYA BBA 3B

Snapshot



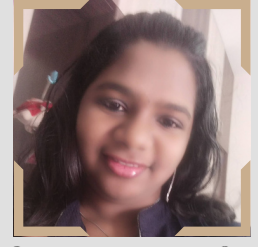
SATHWIKA BSC. 1



AJANTA & ELLORA



**MS. LAKSHMI
HOD., ENG**



SHREYA BBA 3B

Children's day is celebrated all over India on 14th of November every year. It is to remember Pandit Jawaharlal Nehru to pay Honour and Respect. Chacha Nehru was the first Prime Minister of India and most importantly He loved children a lot and always kept them near to his heart. Pandit Nehru supported children's education as he strongly believed that they were the future leaders of the nation. This special day is celebrated to recognise & promote the well-being, rights, and happiness of children. It's common for adults to give gifts or special treats to children on this day to make them feel special. It is important to remember that this special occasion is celebrated to take Chacha Nehru's dream to provide quality education to each and every child of the nation and contribute towards the greater benefit of the society. children's day is important because it is the occasion of showering love and affection to each and every child.

साधनम्" (Sadhana) in Sanskrit:

- साधनम् चिंतनं साधयति। (Sadhana is achieved through contemplation.)
- साधनम् आत्मनं परिपालयति। (Sadhana nurtures the self.)
- साधनम् ध्यानम् धर्मिकं चरति। (Sadhana involves meditation and righteous conduct.)
- साधनम् आत्मज्ञानं प्राप्यते। (Sadhana leads to self-realization.)
- साधनम् मोक्षं प्राप्यते। (Sadhana leads to liberation.)
- साधनम् योगः सङ्कीर्तनञ्च अवश्यम्। (Sadhana includes yoga and chanting.)
- साधनम् धर्माचरणं समर्पयति। (Sadhana involves living a righteous life.)
- साधनम् आत्मा शुद्धिं गच्छति। (Sadhana purifies the soul.)
- साधनम् समाधानं प्राप्यते। (Sadhana leads to mental tranquility.)
- साधनम् सात्विक आहारः परिपालयति। (Sadhana emphasizes a pure diet.)
- साधनम् संसारसागरं पारयति। (Sadhana helps cross the ocean of worldly existence.)
- साधनम् श्रद्धाया अभिवर्धति। (Sadhana grows with faith.)
- साधनम् स्वाध्यायः प्रमाणम् भवति। (Sadhana involves self-study as a source of knowledge.)
- साधनम् आचारः सदा पालयति। (Sadhana is accompanied by good conduct.)
- साधनम् निर्वाणं प्राप्यते। (Sadhana leads to attaining Nirvana.)

MS.RADHA
DEP. SANSKRIT

తెలుగు భాష గొప్పతనం

తెలుగు భాష గురించి మీకు తెలియని ఆసక్తికరమైన విషయాలు " ప్రతి భాషకు తనదైన ప్రత్యేకత, మాధుర్యం ఉంటాయి. ప్రపంచంలోని పలు భాషలతో పోలిస్తే.... తెలుగు భాషకు కొన్ని అదనపు ప్రత్యేకతలు ఉన్నాయి.

1. భారతదేశంలో అత్యధికంగా మాట్లాడే 4వ భాషగా తెలుగు నిలుస్తుంది. ప్రపంచంలో టర్కిష్ మరియు ర వంటి భాషలను అధిగనుంచి తెలుగు 15వ స్థానంలో ఉంది.

2. తెలుగు భాష మాట్లాడటం వల్ల మీ శరీరంలో దాదాపుగా 72,000 న్యూరాన్లు యాక్టివేట్ అవుతాయి.

3. " అదేదో సామెత చెప్పినట్టు... " ఇతర భాషలతో పోల్చితే తెలుగులోనే అత్యధిక సంఖ్యలో సామెతలున్నాయి.

4. తెలుగు ఆపిని ప్రపంచంలోని 2వ ఉత్తమ ఆపిగా ఎన్నుకోగా, కొరియన్ భాష ఉత్తమ ఆపిగా ఎంపిక చేయబడింది.

5. "ఇటాలియన్ ఆఫ్ ది ఈస్ట్" గా పేరు పొందిన భాష, ప్రాచ్య ప్రపంచంలో ప్రతి ఒక్క పదం అచ్చుతో ముగిసే భాష తెలుగు.

6. తెలుగు భాష 400 BC కలం నుండి ఉనికిలో ఉంది.

7. తొలి తెలుగు చిత్రం భక్త ప్రహ్లాద 1931 లో విడుదలైంది.

8. మయన్మార్లోని 'మ్యూన్ ' లో మల్లె పూల దెబ్బ (మల్లెల వీధి) అని పిలువబడే వీధి ఉందని మీలో ఎంత మందికి తెలుసు?

9. భారతదేశపు గొప్ప కవులలో ఒకరైన "రవీంద్రనాథ్ ఠాగూర్" తెలుగును మధురమైన భారతీయ భాషగా కొనియాడారు.

OCTOBER CROSSWORD ANSWERS

1. SPOOKY 11. BLACK CAT 21. OWL
2. MONSTER 12. POTIONS 22. BROOM
3. BAT 13. COSTUME 23. SPIDER WEB
4. GHOST 14. WEREWOLF 24. HALLOWEEN
5. AUTUMN 15. GHOULS 25. TOMBSTONES
6. SHRIEK 16. FRANKENSTEIN 26. SKELETON
7. HOWL 17. JACK 27. HAUNTED HOUSE
8. TREAT 18. WITCHES
9. MOON 19. PUMPKIN
10. NIGHT 20. CANDY CORN



PREETI BBA 3A

Dear Readers, this month I bring to you 'The Light of Asia', whose remarkable life has been a beacon of light and a ray of hope to the restless souls yearning for contentment and salvation. This is the story of Siddhartha Gautama, a prince turned spiritual leader and the founder of Buddhism.

GAUTAMA BUDDHA-564 BC-486 BC

Gautama Buddha, one of the most exceptional of free thinkers, social reformers, and religious leaders, was born as Prince Siddhartha and was surrounded by beauty, luxury, and happiness. He was born in Lumbini, located in present-day Nepal. He was the son of King Suddodhana and Queen Maya of the Sakya dynasty. A prophecy at his birth foretold that he would either become a great king or a great spiritual leader. Fear gripped his father, and a sheltered life of comfort and opulence was led by Siddhartha till the age of 29. At that age, he encountered four sights that changed his life forever. He encountered an old man, a sick person, a corpse, and a wandering ascetic, which disturbed Gautama deeply and made him realize the inevitability of suffering and the impermanence of life. Fueled by a strong desire to understand the nature of suffering and find a path to alleviate it, Siddhartha renounced his princely life, leaving behind his young wife and infant son. He embarked on a journey of self-discovery as an ascetic, seeking answers about life, death, and suffering from various gurus but could not find a satisfactory answer. Later, Siddhartha practiced severe austerities for several years but found no satisfaction in extreme self-mortification. He decided to meditate under the Bodhi tree in Bodh Gaya, present-day Bihar. After years of meditation, he achieved enlightenment at the age of 35. He became a BUDDHA, which means 'the awakened one' or 'the enlightened one'. Following his enlightenment, Buddha travelled to Sarnath, Varanasi, and delivered his first sermon, known as 'DHAMMACAKKAPPAVATTANA SUTTA' or the 'Turning of the Wheel of Dharma'. In this sermon, he outlined the 'FOUR NOBLE TRUTHS' - There is suffering in the world; The cause of suffering is attachment or desire; The suffering can be conquered; Desire can be conquered by following the eight-fold path, or 'EIGHTFOLD PATH'. In the next several decades, Buddha traveled across northern India, teaching the Dharma and gathering a community of followers known as the Sangha. He attracted people from all walks of life, including kings, ascetics, and commoners. At the age of 80, after a long and fruitful life of teaching and spiritual guidance, Buddha passed away in Kushinagar, India. His death is known as parinirvana, which signifies his complete liberation from the cycle of birth and death (samsara). Gautama Buddha's teachings laid the foundation for Buddhism, which continues to be a major world religion with millions of followers around the globe. His emphasis on the alleviation of suffering and the pursuit of enlightenment through mindfulness and right conduct has had a profound and lasting impact on the world.

**MS. THANE
HOD., POL. SCI**



TRIP TO DELHI-JIM CORBET-NAINITAL



A BIG THANKS AND GOODBYE TO THE ALUMNI OF INSIGHT'S CORE TEAM



Sri Vidhya



D Sai Yasaswi



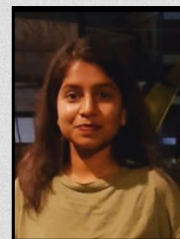
G Madhav



Dhiya Babu



Aditi Singh



Swati Kumari



Saraswathi



MEET THE

CORE TEAM



Mrs. Lakshmi Andral
HOD, English
Editorial Advisor



Jaden Collins- BBA 3
Managing Editor

Content team A



Sree Chandana- BBA 3
Chief Content Moderator



Sandeepthi- BTMC 3
Content Curator



Christopher- BCom CA 1
Content Editor



Shreya 3 BBA B
Content Editor

Content team B



Shriya- BBA 3 B
Content Editor



Angelina- BA 3
Associate Content Editor



Keerthika- BBA 3 B
Content Curator



Tahir Baig- BA 3
Outreach Specialist

Design Team



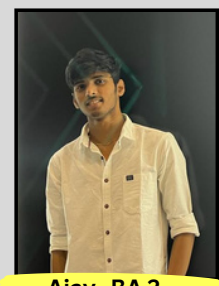
Nitish Kumar- BBA 3
Design Team Lead



Shreshta- MSDS 2
Art Director



Bhargav- B.Com 3
Associate Design Team Lead



Ajay- BA 2
Graphic Design

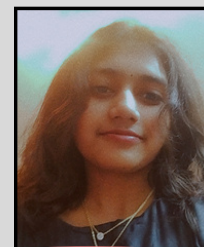
Media Team



Ritish- BBA 3 B
Editing Manager



Karthik- BTMC 2
PR Specialist



Ashritha- BA 1
Social Media Manager

Mark Your Calendars

1 November - All Saints' day

2 November - All Souls Day

5 November - World Tsunami day

**8 November - World Radiography day and
Guru nanak Dev's birth anniversary**

13 November - World kindness day

14 November - Children's day

19 November - International men's day

**25 November - International day for
Elimination of Violence against women**

26 November - Constitution day