

LIMITED SPACE, UNLIMITED ABILITIES

LFD&PG College's  
**'In'sight**

THROWBACK TO  
CHRISTMAS CELEBRATIONS

WHAT NEW YEAR BRINGS

MAKAR SANKRANTI

KITCHEN  
CRAZE

QUEENS  
GAMBIT

*Bonjour*  
**2024**

*you better be good*

2024 EDITION

“

**Little Flower Degree & PG College, Uppal is a Catholic Minority Institution established by the Montfort Brothers of St. Gabriel. It was started in 2008 as a part of Little Flower Junior College, Hyderabad. At present the College buildings comprise two imposing Four storied-blocks. Spacious grounds and plenty of greenery all around, give the College an impressive look and create a congenial atmosphere for academic pursuits. The large and numerous classrooms have given rise to a substantial increase in students strength.**

**We are proud to stand tall and be known as one of the best colleges in the city. It is our endeavor, to move forward with the willing and active co-operation of everyone who is a partner in the blossoming and grooming of "LITTLE FLOWERS".**

”

## **EDITOR'S NOTE**

**Greetings, dear readers!**

**Welcome to the vibrant pages of 'In' Sight Magazine's January edition – "Bonjour 2024: You Better Be Good!"**

**As we venture into the new year, January heralds a time of fresh beginnings and renewed aspirations. In the South Indian context, this month carries cultural significance, marked by festivals like Pongal and Makar Sankranti. It also signifies the commencement of a fresh semester after the completion of exams bringing forth a sense of anticipation and readiness. It's a period where students prepare for new academic challenges, embracing novel perspectives and academic pursuits.**

**Pongal, the harvest festival, holds deep cultural roots, uniting communities in gratitude for nature's abundance. The festivities adorned with rangoli, traditional dishes, and the symbolic Pongal pot signifies prosperity and unity. The kite festival during Makar Sankranti paints the skies with vibrant colors, symbolizing soaring aspirations and resilience—a celebration of joy and togetherness.**

**January also commemorates Republic Day, a significant national event honoring the adoption of the Constitution. It stands as a testament to our diverse heritage and the values that bind us as a nation.**

**We extend heartfelt appreciation to each and everyone whose contributions infuse life into our magazine. Your dedication, creativity, and enthusiasm enrich 'In' Sight, weaving together a tapestry of diverse talents and ideas. This edition invites you to explore articles, stories, and artwork capturing the essence of fresh starts. Delve into the cultural significance of January festivals, relish traditional recipes, and immerse yourself in inspiring narratives that embrace new beginnings.**

**As we step into 2024, 'In' Sight Magazine wishes you a year filled with promise, growth, and the courage to embrace the adventures that lie ahead. Happy reading, and may this January pave the way for a remarkable year!**

**Team 'In'Sight.**



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# CHRISTMAS CELEBRATIONS FOR STUDENTS AND LECTURERS



## MAKAR SANKRANTI: A TAPESTRY OF TRADITIONS WOVEN IN SUNLIGHT

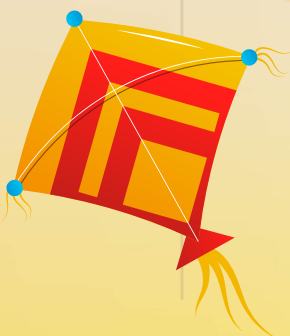
Makar Sankranti, a vibrant and joyous festival celebrated in India, marks the transition of the sun into the zodiac sign of Capricorn (Makar). This auspicious occasion, observed annually on January 14th (or occasionally January 15th), holds profound cultural, spiritual, and agricultural significance across the country. Symbolizing the onset of longer days and the harvest season, Makar Sankranti illuminates the skies with colorful kites, resonates with age-old rituals, and unites communities in a tapestry of traditions that reflect the rich diversity of India's cultural heritage. Bhogi, the precursor to Makar Sankranti, is a fervently celebrated festival in South India, particularly in the state of Tamil Nadu. It marks the beginning of the four-day Makar Sankranti festivities. Observed on the day preceding Makar Sankranti, Bhogi is synonymous with the ritualistic bonfire known as "Bhogi Mantalu," where people discard old belongings, symbolizing the act of letting go of the past and embracing the new. This day resonates with cleansing, renewal, and a sense of rejuvenation, heralding the arrival of prosperity and joy associated with the forthcoming celebrations of Makar Sankranti. Pongal, or Sankranti, a jubilant festival celebrated across India, is a vibrant tribute to harvest, culture, and tradition. Pongal/Sankranti signifies gratitude for nature's abundance, observed through unique rituals, delicious feasts, and colorful festivities that reflect the rich cultural heritage and communal spirit of the country. Kanuma is an integral part of the Makar Sankranti festivities in southern India, particularly in Andhra Pradesh and Telangana. Kanuma honors cattle and livestock, symbolizing their significance in agriculture and rural life. This day is dedicated to caring for and acknowledging the animals that contribute to farming and sustenance.

I wish that you would always soar high, just like the kites in the sky.

Happy Makar Sankranti!



-GAYATRI BBA 3



# 2024 AND WHAT IT BRINGS

Before we realize it, 2023 is over and the 24th year of the 21st century is here. As we enter 2024, we are just one year short of completing a quarter of the 21st century. 2024 is a leap year starting on Monday of the Gregorian calendar. As some of us are still not over the proceedings that have occurred since 2020, the new year has many events to look forward to. From a political point of view, 2024 is a major year, with 40 national elections being held throughout the year. The 2024 US presidential election is likely to be a highly contested race. In Europe, the UK is expected to leave the European Union, marking a significant shift in the country's relations with its neighbors. The next Indian general election is to be held between April and May to elect the members of the 18th Lok Sabha. The global economy is anticipated to continue its slow and steady growth in 2024, with a focus on sustainable and inclusive development. The rise of renewable energy and the shift towards a low-carbon economy are expected to continue in 2024. The sports calendar is also a busy affair, with the 2024 Summer Olympics set to be conducted in Paris and the ICC T20 World Cup being hosted by the West Indies and the USA.

As we enter a new year, may it be full of grand adventures and opportunities.

**HAPPY NEW YEAR 2024!**



-EMANUELLA BBA 3

## KNOW THE ROPES LEARN THE ROPES

1. "Out with the old and in with the new" - This popular idiom means to discard outdated ideas or things and adopt new ones that are more relevant and up-to-date.
2. "Blaze a trail" - This expression indicates being the first to undertake or discover something significant and paving the way for others to follow.
3. "Start with a clean slate" - This phrase conveys the idea of letting go of past mistakes or issues and beginning anew without any pre-existing baggage or concerns.

# **THE QUEENS GAMBIT**

**THE "QUEENS GAMBIT" TAKES ITS NAME FROM A CHESS OPENING. IT IS A NETFLIX SERIES BASED ON A NOVEL ABOUT CHESS. IT IS A SEVEN-EPIISODE FICTIONAL SERIES SET IN THE LATE 1950S AND 1960S.**

Chess is a game that, I'm sure, needs no introduction. Each of us has come across this game at least once in our lives. This game, which is centuries old, still holds popularity in the world. There are still tournaments conducted internationally where we hear names such as Magnus Carlsen. Hikaru Nakamura, Gary Kasparov, Viswanathan Anand, and also recently, the young prodigy Praggnananda. This story revolves around Beth Harmon. Her mother died when she was just 9. As she has no family to take care of her, she is sent to an orphanage. She finds a particular interest in chess when she discovers the janitor playing by himself in the basement. He teaches her secretly in between her classes. And thus begins her journey. As a viewer, it is not a requirement for us to understand or know about chess at all. The story is shown in a way where we are kept up with the happenings of the games through the facial expressions and reactions of the players. The actors have done a great job in this aspect to keep the viewers up to speed without using much technical jargon. And even if you have limited knowledge of chess, you can still enjoy this series with no inhibition. This story highlights drug addiction and alcoholism. As we hear so many stories about people of fame, like actors, singers, and rappers, who succumb to such habits as a way of coping with their traumatic experiences, In this story, we see that Beth is addicted to a prescription drug that was given to her when she was a kid. This is a direct correlation to real life, where at the time, such harmful drugs were given to children to treat behavioral problems or emotional disturbances to calm them. The long-term effects and dangers of these drugs were not properly investigated.



**-VAMSHI MSCS 2**





## **HABIT LOOP**

### **[MAKING RESOLUTIONS FOR NEW YEAR] RESOLUTION: INTENTION, ASPIRATION ETC**

If we want to lead a successful life, we should rejoice in the decisions we make and work with joy towards achieving our goals. Happiness and positivity are the keys to unlocking a fulfilling life! It's important to stay determined and work towards our goals in life. Let's aim high and go for it.

## **KITCHEN CRAZE**

### **Instructions:**

Preheat the oven to 350°F (175°C).

In a large mixing bowl, combine the flour, sugar, cocoa powder, and baking powder.

Add vanilla extract and mix well.

Gradually add milk while mixing to form a smooth batter.

Fill cupcake liners with the batter until each is two-thirds full.

Bake in the preheated oven for 20–25 minutes, or until a toothpick inserted into the center comes out clean.

Remove from the oven and let cool completely. Add butter to a large saucepan and melt over medium heat. Then whisk in the cocoa powder and remove the butter mixture from the heat. Add powdered sugar and milk at a time. After adding all the sugar and milk, finish with the vanilla extract. Transfer the amazing chocolate buttercream to a piping bag. Then pipe frosting over the chocolate base and enjoy the delicious chocolate cupcakes.

Join the Kitchen Craze - whip up the recipe showcased - snap a pic and share your culinary masterpiece for a chance to shine in our next edition!



**INGREDIENTS:**  
**2 CUPS FLOUR**  
**1 ¾ CUPS SUGAR**  
**1 ¾ CUP COCOA POWDER**  
**2 TEASPOONS OF BAKING POWDER**  
**½ TEASPOON OF VANILLA EXTRACT**  
**100GMS BUTTER**  
**100ML MILK**  
**PIPING BAG**



**-NITISH BBA 3**

# BHAKTA RAMADASU

He was born in Nelakondapalli, Kammam District, Telangana, in 1620, to Linganna Mantri and Kamamba.

He was also called Kancharla Gopanna or Bhadrachala Ramadasu.

He was the devotee of Lord Rama, a composer, poet, and saint of Indian classical music called Vaggeyakara.

He was appointed as a Tahsildar under the reign of Abdul Hasan Tana Shah of Palvancha Paragana, which includes Bhadrachalam.

He wanted to rebuild the Rama temple by collecting the land revenues and donations, but he failed to return to the king and was imprisoned for 12 long years.

On one fine day, Ramoji and Lakshmoji paid the entire debt of 6 lakh rupees to the king; they believed that Rama and Lakshmana paid this amount.

He wrote many keerthanas on Lord Rama, praising the life of Rama.

He also wrote one popular shatakam (100 poems), "Dasharathi shatakamu".

Shataka means 100 poems in which one word or sentence will appear in every poem called "makutam."

రామవిశాల విక్రమ పరాజిత భార్గవరామ సద్గుణ  
స్తోమ పరాంగనావిముఖ సువ్రత కామ వినీల నీరద  
శ్యామ కకుత్స్థవంశ కలశాంబుధిసోమ సురారిదోర్భలో  
ద్ధామ విరామ భద్రగిరి - దాశరథీ కరుణాపయోనిధీ

Two films were made on the biography of Ramadasu, i.e., Bhakta Ramadasu in 1964, directed by V. Nagayya, and Sri Ramadasu in 2006, directed by K. Raghavender Rao.

He died at the age of 68 in 1688 at Bhadrachalam.

Most of the keertanas are sung by devotees of Lord Rama at Bhadrachalam on the auspicious day of Srirama Navami. A few of them are

1. పలుకే బంగారమాయెనా కోదండపాణి పలుకే బంగారమాయెనా
2. అంతరంగమున ఆత్మారాముడు  
అనంత రూపముల వింతలు సలుపగ  
సోమ సూర్యులును సురలు తారలును  
ఆ మహాంబుధులు అవనీజంబులు.  
అంతా రామమయం ఈ జగమంతా రామమయం
3. భద్ర శైల రాజా మందిర శ్రీ రామ చంద్ర బహు మధ్య విలాసితేంద్రియ



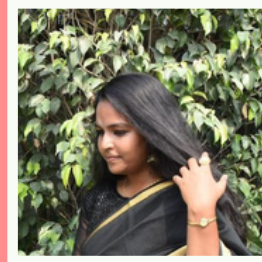
**-VIJAY BHASKAR  
DEP. COMPUTER**

# WALL OF FAME

The LFDC Choir triumphed in multiple Christmas carol competitions, clinching first place at St. Mary's, backing the second place at Loyola and St. Joseph's (Fête de Noël). Despite tough competition, they secured a third spot at St. Pious Victoriously. Their performances radiated joy, earning applause and admiration. These wins showcase the choir's exceptional talent and love for music capturing the essence of Christmas.



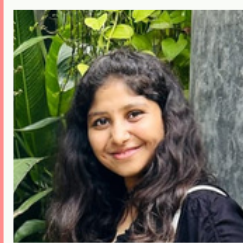
**SNAPSHOT**



**-NIKHILA BA 1**

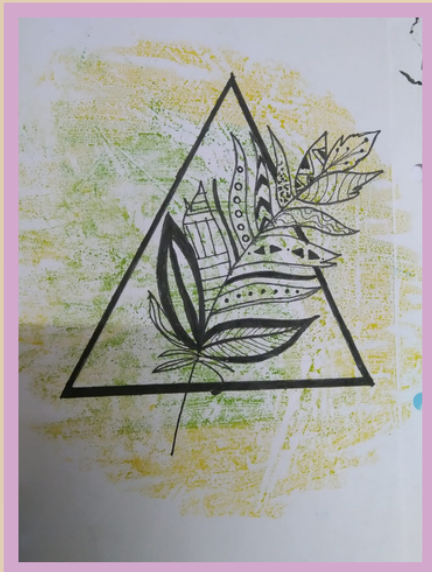


**AFSHIA BBA 3-**



**-SANDEEPTHI BTMC 3**

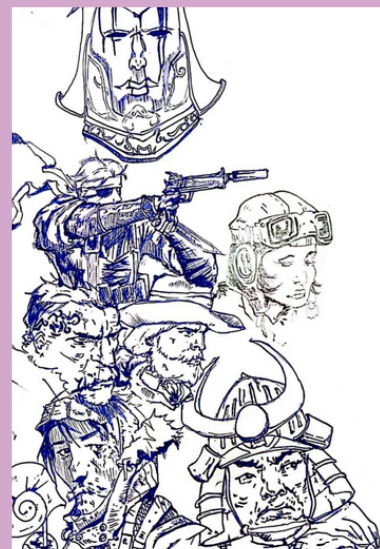
# **ARTISTS FINEST**



**-MADHU PRAVALLIKA BTMC 3**



**JAMIE NICHOLAS BA 2-**



**-SHREYA BBA 3**

## **BOOK: THE HUNGER GAMES**

“The Hunger Games” is a popular dystopian novel series by Suzanne Collins set in a future world where a totalitarian government controls society. The series explores themes of survival, sacrifice, political oppression, and the power of resilience in the face of adversity.

It is set in a dystopian future where the government organizes an annual event called the Hunger Games. In this event, a boy and a girl from each of the twelve districts must fight to the death in a televised spectacle. The story revolves around Katniss Everdeen, who volunteers to take her sister’s place in the Games. The narrative follows Katniss’s journey through the brutal competition, where survival, alliances, and moral choices play a crucial role. As the Games progress, Katniss faces challenges that test her strength, morality, and resilience against a controlling and oppressive society.

I found myself deeply engaged in the narrative, captivated by the intense action, emotional depth, and evolution of the characters throughout the series. Overall, I would rate it 4.5/5 for its impact and ability to keep readers on the edge of their seats.

**GAYATRI BBA 3-**



## **SPOT THE DIFFERENCE**



**DECEMBER  
WINNER**



**AKHILA BBA 3**

## **CURRENT AFFAIRS**

1. The world's first ever 3-D printed temple is being constructed in Telangana in Burugupally, Siddipet District.
2. Deepti Babuta became the first woman to be awarded the prestigious Dhahan Prize.
3. Loneliness is declared a global health threat by the World Health Organization (WHO).
4. At the 'ClimateLaunchpad Asia-Pacific', a Pakistan-based startup named SheGuard won the finals for their innovative biodegradable and plastic-free sanitary products.
5. Shital Mahajan, an Indian skydiver, became the first woman to jump off a helicopter in front of the world's highest peak, Mt. Everest.
6. Arunanchal Pradesh's Air Gun Surrender Abhiyan has been selected as India's best story on wildlife protection in UNESCO's International Conference on Biosphere Reserves.
7. A monkey chimera with two sets of DNA was created by Chinese scientists through genetic research.
8. Falguni Shah is nominated for the 2024 Grammy Awards in the Best Global Music Performance category.
9. The world's first humanoid robot CEO, named Mika, has been appointed by Hanson Robotics and Dictador.
10. The Indian women's team becomes the champions of the Asian Championships Trophy.
11. The Indian junior men's hockey team wins bronze at the Sultan of Johor Cup 2023.
12. Heeralal Samariya was sworn in as the Chief Information Commissioner of India.

From  
Regnant Club.

**-REGNANT CLUB**

# **OH MASTER!**

**Oh Master!**

**As I walk down this pavilion of my battlefield  
Your teachings guard me as a shield  
The gateway has mocked my failure and cries  
Fallen but not defeated you make me rise**

**Oh Master!**

**The crowd chuckles as I look upon the game  
Among al only you had put your faith in my name  
I make my way to shoot the aim  
My victory is all your claim**

**Oh Master!**

**As I hold my bow & fix my gaze,  
In my head I silently pray for your grace  
and I take my shot with my heart set ablaze  
Win or lose I'm rewarded with recognition and praise**

**Oh Master!**

**In my history i discerned myself as a dreamer  
Today I stand as a champion as you were a believer  
I've learned my Master you're not just a teacher  
But you've made this dreamer to a reality maker**

**Content 3: He tends to be selfless**

**Condemning himself to be helpless**

**Pours out every ounce of his joy**

**He calls again himself a selfish toy**

**Screaming in the darkest hour to the loudest**

**Nevertheless his silence makes him the proudest**

**He seems to be a lucid text**

**Being wordy misinterpreted every next**

**Possibly dissolates ht**

**Oh, he is a legitimate gust ni withering miles**

**dust blowing the blossom of**



**-ALLEN BRIAN BBA 2**



Dear Readers, I bring to you one of the greatest poets of Sanskrit literature before Kalidas, and he is the father of Sanskrit drama. His contribution to the spread of Buddhism is valued greatly.

## **ASHVAGOSHA**

Ashvagosha was an Indian philosopher who lived around the 1st to 2nd centuries CE. His life is not extensively documented, and much of what is known comes from his own work and later Buddhist tradition. He was a court poet at the court of Emperor Kanishka. He was born in Saketa, today known as Ayodhya. He popularised the style of poetry known as 'KAVYA'.

Ashvagosha is particularly renowned for his contributions to Buddhist literature and philosophy. He is often considered one of the greatest poets in classical Sanskrit literature. His most famous works include the 'Buddhacarita' (The Act of Buddha) and the 'Sundraananda' (The Hungry Nandas), both of which are epic poems.

The 'Buddhacarita' is an epic poem that narrates the life of Siddhartha Gautama, from his birth to enlightenment. The work is highly valued for its literary qualities and its presentation of Buddhist teachings.

Little is known about Ashvagosha's personal life. Some accounts suggest that he was initially a non-Buddhist and later converted to Buddhism. He may have been associated with the Sarvastivada (the theory of all that exists—past, present, and future) school of Buddhism. However, details about his life and the specific circumstances of his conversion are not well documented.

Ashvagosha's works have had a significant impact on Buddhist thought and have been studied for their literary merit and for their insights into Buddhist philosophy and the life of Buddha.



**-MS THANE  
DEP. OF POL. SCI.**

## **SOUL WHISPERER OF THE MONTH**

**If you can't find a good companion to walk with, walk alone, like an elephant roaming the jungle.**

**It is better to be alone than to be with those who will hinder your progress.**



**-MS THANE  
DEP. OF POL. SCI.**

## **FACT OF THE MONTH**

**The reason why coffee makes you poop is because caffeine stimulates muscle contractions in the colon and intestinal muscles, leading to an increase in bowel movements.**

**This effect can happen quickly. In fact, studies show that contractions in your colon trigger muscle contractions in your colon within four minutes, which can trigger the urge to poop.**

**Although coffee doesn't have the same bowel-stimulating effect on everyone, research shows that coffee promotes the urge to poop in at least one-third of the population and tends to impact women more than men.**

MEET THE

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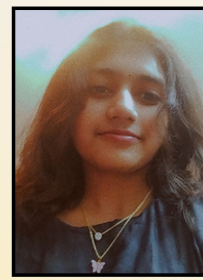
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Ritish- BBA 3 B  
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Karthik- BTMC 2  
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Ashritha- BA 1  
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## MARK YOUR CALENDERS

**1ST JANUARY - NEW YEAR'S DAY**

**4TH JANUARY - WORLD BRAILLE DAY**

**10TH JANUARY- WORLD HINDI DAY**

**11TH JANUARY- DEATH ANNIVERSARY OF LAL BAHADUR SHASTRI**

**11TH - 17TH JANUARY- NATIONAL ROAD SAFETY WEEK**

**12TH JANUARY- NATIONAL YOUTH DAY**

**13TH - 16TH JANUARY- SANKRANTHI HOLIDAYS**

**15TH JANUARY- INDIAN ARMY DAY**

**23RD JANUARY- NETAJI SUBHASH CHANDRA BOSE JAYANTI**

**24TH JANUARY- NATIONAL GIRL CHILD DAY**

**25TH JANUARY- NATIONAL VOTERS DAY**

**25TH JANUARY- NATIONAL TOURISM DAY**

**26TH JANUARY- REPUBLIC DAY**

**28TH JANUARY-BIRTH ANNIVERSARY OF LALA LAJPAT RAI**