

LFD&PG COLLEGE'S

'In'sight

Amour Mosaic

February Fantasia

2024 EDITION



“

Little Flower Degree & PG College, Uppal is a Catholic Minority Institution established by the Montfort Brothers of St. Gabriel. It was started in 2008 as a part of Little Flower Junior College, Hyderabad. At present the College buildings comprise two imposing Four storied-blocks. Spacious grounds and plenty of greenery all around, give the College an impressive look and create a congenial atmosphere for academic pursuits. The large and numerous classrooms have given rise to a substantial increase in students strength.

We are proud to stand tall and be known as one of the best colleges in the city. It is our endeavor, to move forward with the willing and active co-operation of everyone who is a partner in the blossoming and grooming of "LITTLE FLOWERS".

”

Greetings, Dear Readers!

In the February edition of 'IN'sight, titled "Amour Mosaic", we explore the multifaceted theme of love in all its forms. Our lead theme, "February Fantasia" focuses on the significance of self-love while highlighting the bonds of friendship and the richness of connections in life.

This month's edition showcases a blend of poetry, captivating artwork, picturesque photography and fascinating articles. The photo essay captures candid moments on campus, freezing in time the genuine moments that define our college experience.

May this edition serve as a reminder that love comes in various shapes and forms, enriching every aspect of our lives and February being not just a month honouring amorous love but a celebration of the unique tapestry of love that surrounds us every day.

Wishing you a February filled with warmth and meaningful connections.

**Stay Curious,
Team 'IN'sight.**

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Last Month's Recap



A visit to Golconda Fort



National Youth Day Celebrations



Aneesh Reddy.K of BBA 2A got selected for South zone lawn tennis on behalf of osmania university



Samridh BBA3 Selected for OU South zone basketball tournament



LFDC received 3rd place in OU inter college basketball tournament at Loyola academy

Banner Unveil of the LF Fest 2024



Aryabhata

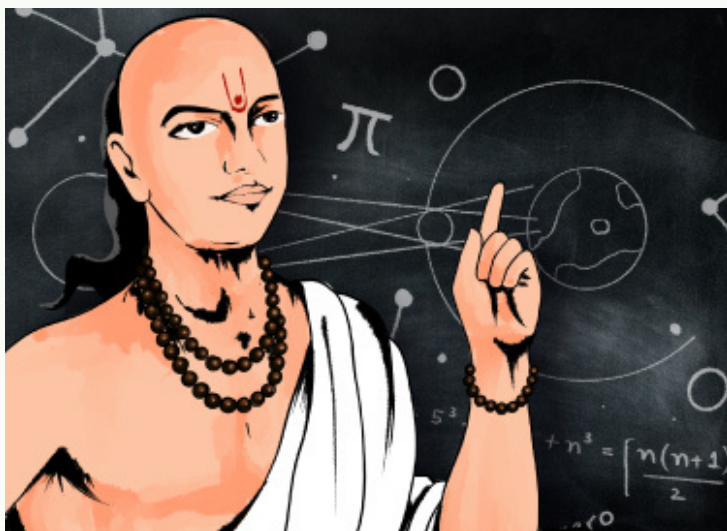
Dear Readers, this month I bring to you one of the luminaries of ancient India, **ARYABHATA**, from the classical age. He is regarded as the 'Father of Indian Mathematics.' India's first satellite in 1975 was named after this great mathematician and astronomer.

ARYABHATA -476 AD -550 AD

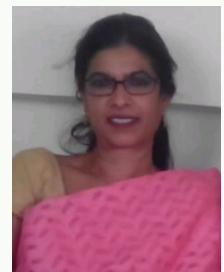
Aryabhata was an ancient Indian mathematician and astronomer whose significant contributions to the fields of mathematics and astronomy are colossal. He was born in present-day Patna, in Bihar, in Kusumapura. He was a student at Nalanda University and received a thorough education in mathematics and astronomy. Aryabhata's most famous work is the 'ARYABHATIYA', a Sanskrit astronomical treatise in verse form that he compiled when he was 23 years old.

Aryabhata made significant contributions to the understanding of mathematics. He introduced the concept of zero as a placeholder and gave a place-value system to the decimal numeral system. His work laid the foundation for the development of algebra and trigonometry in India. He also proposed a heliocentric model of the solar system where the earth revolves around the sun. He accurately calculated the length of the solar year as 365.358 days, very close to the modern value. He also calculated the value of (pi) to several decimal places and provided methods for calculating the position of celestial bodies.

His work had a profound impact not only in India but also in the Islamic world and Europe. His ideas influenced later astronomers and mathematicians, including Brahmagupta and Bhaskara. His findings led to the advancement of mathematics and astronomy in the Islamic and European worlds.



Ms. Thane
Dept BA Pol Sci



Dancing Through Time: The Enigmatic Charm of Leap Years

In the dance of time, our calendar performs a grand leap every four years, a dazzling move known as the leap year. Picture this: Earth, the cosmic performer, pirouettes around the sun in approximately 365.25 days, not the tidy 365 days our calendar displays. To keep our calendar in sync with this celestial waltz, we add an extra day every four years, a bonus beat that harmonizes the discrepancy between the calendar and the solar year. This bonus day, February 29th, is the star of the show, ensuring our calendars stay in rhythm with Earth's celestial choreography. Without this delightful leap year routine, our seasons would gradually drift out of sync with our calendars, creating chaos in the cosmic ballet and leaving us celebrating summer in winter's embrace. So, every four years, we celebrate this extra day, a graceful leap to align our human-made timekeeping with the elegant choreography of the universe. Embrace the whimsical wonder of leap years.



Gayathri Ramanam

BBA B-3

Habit loop

SELF LOVE: VIRTUE, OWN HAPPINESS ETC

To get up every-day with the feeling of appreciation for oneself that grows from actions that support our physical, psychological and spiritual growth!

We should always show thankfulness to ourself and appreciate our own worthiness.

15-Minute Garlic Shrimp Spaghetti

This quick and easy garlic shrimp spaghetti features shrimp and pasta tossed in a garlic butter sauce to have your tastebuds dancing with joy. Best of all, this light and delicious pasta is so incredibly simple to make.



INGREDIENTS

½ lb. Large shrimp
 7 oz. Spaghetti or your choice of long pasta
 2 tablespoons olive oil
 2 tbsp. Butter
 6 cloves of garlic, thinly sliced
 1 tsp. Crushed red pepper
 2 tbsp. Chopped fresh parsley
 Lemon juice,
 parmesan cheese optional, for garnish



Nitish
 BBA B-3

INSTRUCTIONS

Season the shrimp with salt and pepper.

In a large pot of boiling salted water, cook the pasta. Reserve about a cup of pasta water and drain the pasta.

While the pasta is cooking, melt 1 tablespoon of butter in a pan and add the shrimp. Cook for about 2–3 minutes. Remove it and set it aside.

In the same pan, melt 1 tablespoon of butter and mix in the olive oil. Add the garlic, cook, and stir in the red pepper flakes.

Add pasta and ½ cup of pasta water, and toss well to combine. Add shrimp, and season with salt to taste.

Once the pasta is tender, remove from heat and mix in the parsley. Garnish and enjoy!

DID YOU KNOW

There are at least 6 people in the world who look exactly like you. There's a 9% chance that you'll meet one of them in your lifetime.



Reader's POV

Catching Fire by Suzanne Collins

“The Hunger Games: Catching Fire” book is filled with intense action sequences, emotional depth, and the development of the protagonist, Katniss Everdeen, as she navigates through the challenges posed by the Capitol and her role as a symbol of resistance. The story’s pacing and suspenseful plot twists keep readers engaged throughout. Additionally, the exploration of political intrigue and the complexities of the relationships between the characters add layers of depth to the narrative. Overall, “Catching Fire” is praised for its thought-provoking themes, emotional resonance, and the way it builds upon the foundation laid in the first book while setting the stage for the concluding installment. I would give the book 4.5 stars out of 5 stars, with a half star being cut for its not-so-good ending.



Gayathri Ramanam
BBA B-3

Rurouni Kenshin: The Beginning

In 19th-century Japan, the black ships arrived, bringing with them their modern ideas and weapons. The Shogun has taken up certain policies in this matter, which cause great distress among the people. Many rebellions are formed against the shogun, with the goal of restoring the emperor to power.

Himura Battosai is a young samurai who joins the Choshu Domain, an imperialist rebel group, as an assassin. He struggles to find happiness in his terrible work. He knows that his assassinations will help create a better future for the people of Japan, but he loses a part of himself every time he kills.

This movie is an adaptation of an anime or manga. It delves into the backstory of the main character and excludes the supernatural aspect of the source material. The movie has an English dub, but I request that you watch it with the Japanese dub with subtitles.



Vamshi Phanindra
MSCS-2

Behind the doors

Episode 5 - Who's the murderer?

Suddenly a loud noise comes from the top floor, and Golu switches on the power. Bolu falls on a dead body, and seeing it, he shouts. Everyone gathered near the fence, and they tied Bolu. Seeing Bolu tie Golu came and scolded Bolu, as he failed the plan this time. Bolu will start a new war in the middle, and the president will come and stop them. He will ask them their purpose of arrival, and they will tell him everything, but people will not believe him as they have found him near a dead body.



Naga Varshini
BA Psych-1

Know the ropes learn the ropes

1. "A heart of gold" - This means a sincerely kind and generous person.
2. "Wear your heart on your sleeve" - This means to openly show your emotions with no qualms.
3. "Someone up there loves me" - This means that God is looking out for me. [I'm so lucky]

Unplug to Recharge: Embracing Simple Strategies for Stress Relief

In our fast-paced world, stress has become a ubiquitous companion. Amid constant demands, finding solace is essential. Begin by embracing the power of unplugging. Disconnect from screens and immerse yourself in nature, allowing the soothing embrace of fresh air to alleviate tension.

Practice mindfulness through deep breathing exercises, anchoring yourself in the present moment. Explore the therapeutic benefits of laughter, whether through a favorite comedy or spending time with joyful companions. Cultivate a mindful gratitude practice, shifting focus to the positive aspects of life.

Engage in physical activity, whether a calming yoga session or an invigorating walk, to release pent-up energy. Embrace the calming influence of music, selecting tunes that resonate with your soul. By incorporating these simple strategies, you pave the way for a rejuvenated mind and a more resilient spirit in the face of life's challenges.



Shreya Jayakumar
BBA B-3

A Place to Hide

I know there's a place to hide
To gaze the stars open and wide
Somewhere to run and desired to be found
Northern lights strike the eyes and amuses me to ground

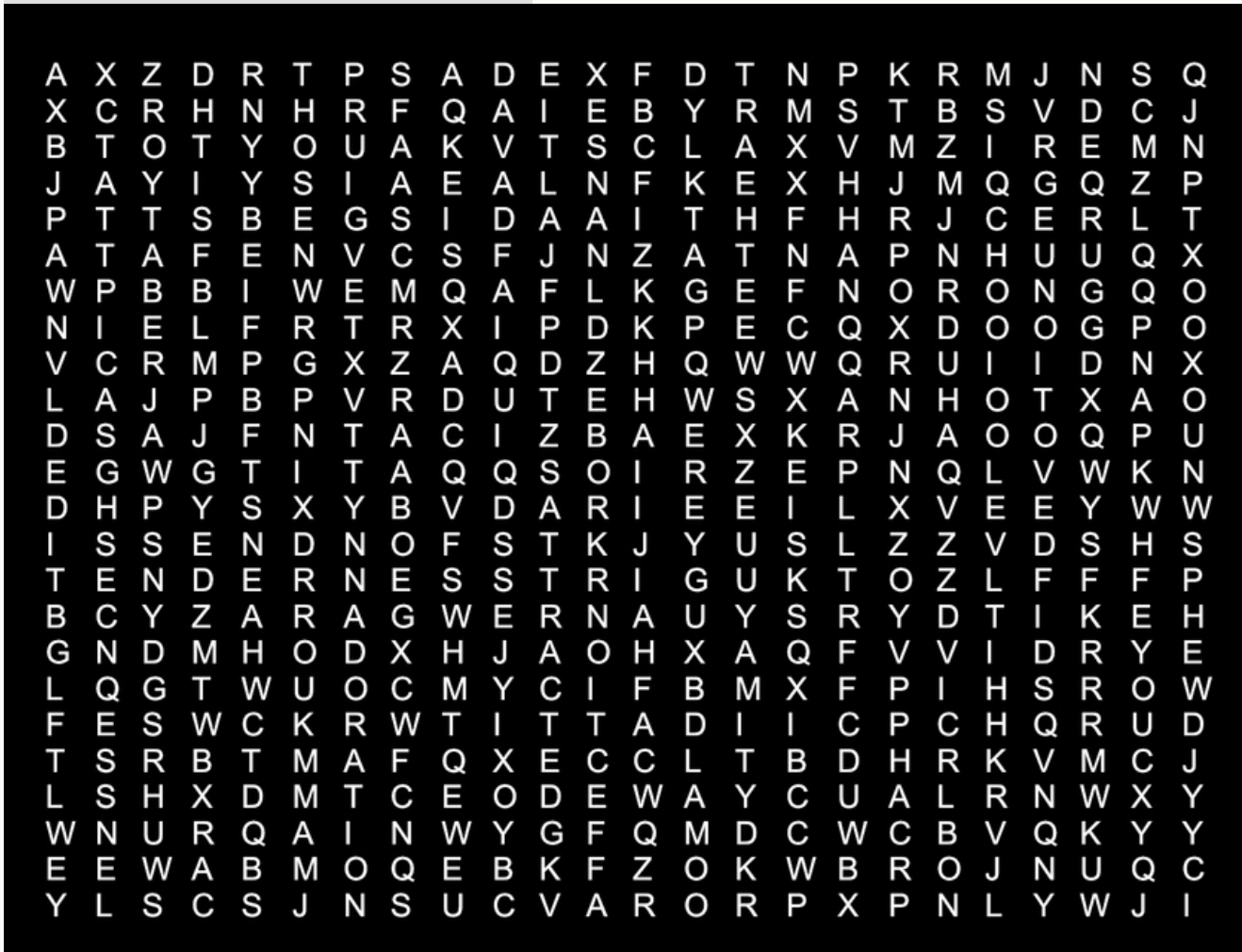
I know there's a place to hide
The emptiness and darkness are dressed as a bride
Waiting for love and kiss in solitude
Aligning all the galaxies in parallel latitude

I know there's a place to hide
The supernova explodes creating a staircase to ride
Where the time exaggerates the act of dimension
Profaning the existence of humanity as an illusion



Allen Brian
BBA A-2

Word Search



Theme : Love

**JANUARY
WINNER**



**Nitish
BBA 3B**

SOUL WHISPER OF THE MONTH
 THERE IS A DIFFERENCE BETWEEN INTEREST AND COMMITMENT. WHEN YOU ARE INTERESTED IN DOING SOMETHING, YOU DO IT ONLY WHEN IT'S CONVENIENT. WHEN YOU ARE COMMITTED TO SOMETHING, YOU ACCEPT NO EXCUSES - ONLY RESULT.

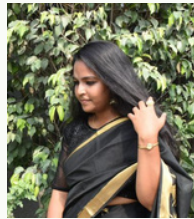


**SEND US YOUR SUBMISSION ON OUR
EMAIL INSIGHT@LFDC.EDU.IN**

SNAPSHOT



Nitish
BBA 3B

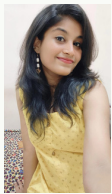
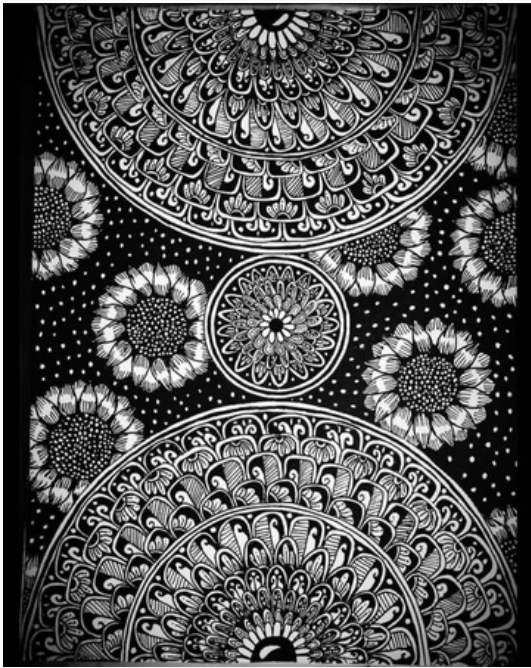


Nikhila
BA Psych-1

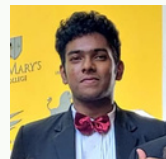


Shreya Jayakumar
BBA B-3

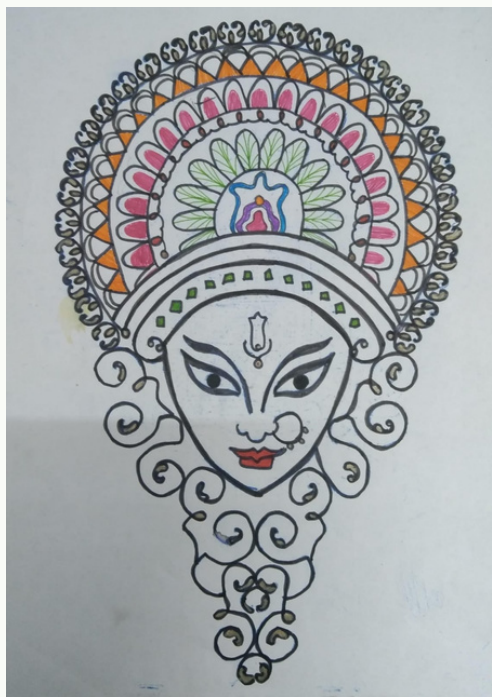
ARTIST'S FINEST



Rupika
BBA B-3



Jamie Joseph Nicholas
BA Psych-2



Madhu Pravallika
BTMC-3



Sonali
BBA B-3

Kanakadasa



Daasashreshtha Kanakadasa, who lived between 1509 and 1609, was a philosopher and Haridasa saint, known popularly as **Kanaka Dasa**. He was a devotee of Lord Sri Krishna. He was a great Carnatic music composer in Kannada. His childhood name was **Thimmappa Nayaka**. He was born in 1509 to **Biregowda & Beechamma** in **Baada Village**, near **Bankapura** in **Karnataka**. He belonged to the warrior community, and his defeat in the battle directed him to choose the path of devotion. He is the disciple of **Vyasaraja**, who was also the guru of the famous Carnatic music composer **Purandaradasa**. He composed 240 carnatic compositions, which comprise kirtane, padas, and philosophical songs. He wrote five important major works, like **Haribhaktisara**, **Nrisimhastava**, **Ramadhanyacharithe**, **Mohanatarangini**, and **Nalacharithe**. He also wrote 100 songs in Kannada and 60 songs in English.

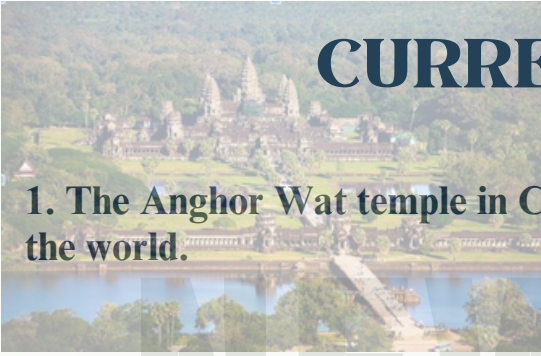


Mr. Vijay Bhaskar
Dept. Of CS

CURRENT AFFAIRS

~ Regent club

1. The Anghor Wat temple in Cambodia has been named the 8th wonder of the world.



2. Nepal becomes the first country in South Asia to register same-sex marriage.

3. Nirmala Sitharaman, Roshni Nadar Malhotra, Soma Mondal, and Kiran Mazumdar-Shaw were named among 'The World's Most Powerful Women of 2023'.



4. India's 84th grandmaster chess player is Vaishali Rameshbabu.

5. Tanisha Crasto-Ashwini Ponnappa, an Indian women's doubles pair, clinched the doubles title in the Guwahati Masters 2023.

6. Captain Geetika Koul becomes the first woman medical officer in the Indian Army to be deployed to Siachen.

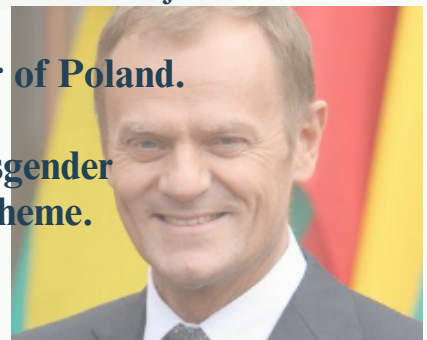


7. Rajiv Anand is appointed as the Chairman of Max Life Insurance.

8. Dr. Mohan Yadav is appointed as the Chief Minister of Madhya Pradesh.

9. Bhajan Lal Sharma was elected as the Chief Minister of Rajasthan.

10. Donald Tusk is appointed as the Prime Minister of Poland.



11. Free travel is provided to women, girls, and transgender persons in Telangana through the Maha Lakshmi scheme.

PAGE OF FAME



Allen Brian
BBA A-2
2nd prize Music Band



Angelina Joy
BBA 1
1st prize in Jam



Edna Sunil
BTMC 2
2nd prize in Performing text



Lalitha Sri
BTMC 2
1st prize in impromptu story writing



LFDC - Overall Kairos fest Champions

2nd Prize in Dumb Charades
Monika, Dhivina, Rejoice, Yashaswini

Elocution 3rd place
Koushik BCOM 3



Overall Performance by LFDC

Essay writing 1st place Vaishnavi BBA 2
At competitions on Vishwa Hindi Divas conducted by Vivekvardhini Degree College



MEET THE

CORE TEAM



Mrs. Lakshmi Andral
HOD, English
Editorial Advisor



Jaden Collins- BBA 3
Managing Editor

Content team A



Sree Chandana- BBA 3
Chief Content Moderator



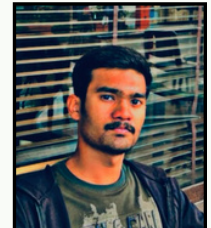
Sandeepthi- BTMC 3
Content Curator



Christopher- BCom CA 1
Content Editor



Shreya 3 BBA B
Content Editor



Sai Sharan 2 MSCS
Content Editor

Content team B



Shriya- BBA 3 B
Content Editor



Angelina- BA 3
Associate Content Editor



Keerthika- BBA 3 B
Content Curator



Tahir Baig- BA 3
Outreach Specialist

Design Team



Nitish Kumar- BBA 3
Design Team Lead



Shreshta- MSDS 2
Art Director



Bhargav- B.Com 3
Associate Design Team Lead

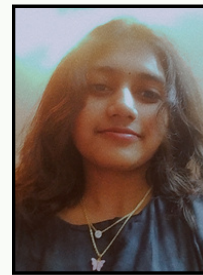
Media Team



Ritish- BBA 3 B
Editing Manager



Karthik- BTMC 2
PR Specialist



Ashritha- BA 1
Social Media Manager

FEBRUARY

- FEB 4 - WORLD CANCER DAY
- FEB 12 - INTERNATIONAL EPILEPSY DAY
- FEB 20 - ARUNACHAL PRADESH
- FEB 21 - MOTHER LANGUAGE DAY
- FEB 22 - WORLD THINKING DAY
- FEB 27 - WORLD NGO DAY
- FEB 28 - NATIONAL SCIENCE DAY

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