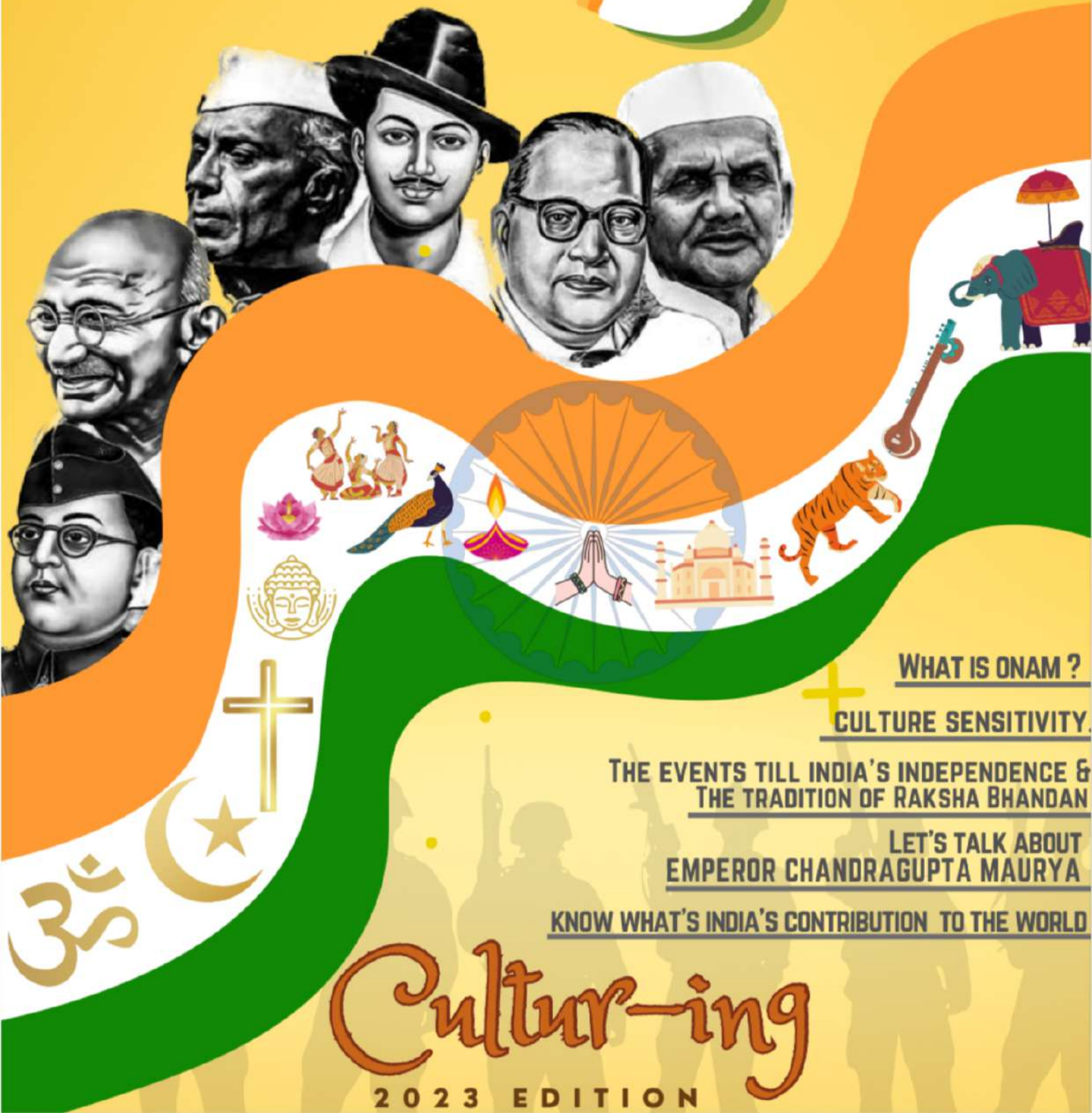


LIMITED SPACE, UNLIMITED ABILITIES

LFD&PG College's

# 'In'sight



WHAT IS ONAM ?

CULTURE SENSITIVITY.

THE EVENTS TILL INDIA'S INDEPENDENCE & THE TRADITION OF RAKSHA BHANDAN

LET'S TALK ABOUT EMPEROR CHANDRAGUPTA MAURYA

KNOW WHAT'S INDIA'S CONTRIBUTION TO THE WORLD

## Cultur-ing

2023 EDITION



““

Little Flower Degree & PG College, Uppal is a Catholic Minority Institution established by the Montfort Brothers of St. Gabriel. It was started in 2008 as a part of Little Flower Junior College, Hyderabad. At present the College buildings comprise two imposing Four storied-blocks. Spacious grounds and plenty of greenery all around, give the College an impressive look and create a congenial atmosphere for academic pursuits. The large and numerous classrooms have given rise to a substantial increase in students strength. We are proud to stand tall and be known as one of the best colleges in the city. It is our endeavor, to move forward with the willing and active co-operation of everyone who is a partner in the blossoming and grooming of "LITTLE FLOWERS".

””

## EDITOR'S NOTE

Welcome to the fourth edition of 'In'Sight, our student magazine that continues to celebrate the diversity and vibrancy of cultures around the world. In this edition, our journey through the pages is with the theme, "India - Elixir of Life."

India is a land known for its diverse traditions, customs, and cultural heritage. Right from the magnificent snow-capped Himalayan peaks to the enchanting sun-drenched beaches of Goa, India boasts unparalleled natural beauty that continues to leave a lasting impression on the hearts of people all around the world. But beyond its physical splendor lies a spiritual essence that weaves a seamless thread through every aspect of life in this ancient land. Through the pages of this edition, we invite you to discover the rich tapestry of Indian culture - an elixir that nourishes the mind, body, and soul. Each article and artwork featured herein seeks to unravel the secrets of India's enduring charm and its profound impact on humanity. This edition of 'In'Sight is a tribute to the countless artists, musicians, dancers, writers, and thinkers who have contributed to India's cultural heritage. It is also a homage to the resilience of a nation that cherishes its traditions while embracing the winds of change. As you turn the pages, may you find inspiration in the stories of heroes whose tales echo the values of this sub-continent. Let the wisdom of sages and the magic of Indian folklore fill your hearts with wonder and joy. We extend our heartfelt gratitude to each and everyone who has been a part of creating this edition of the magazine, sharing their experiences and insights on India's eternal spirit.


Thank you, dear readers, for being with us on this voyage. We value your feedback and look forward to your contributions for future editions. We hope that "India - Elixir of Life" will ignite a curiosity to explore the rich cultures that surround us.

# INDEX

<b>IN MEMORIAM</b>	<b>5</b>
<b>INDEPENDENCE DAY EVENTS FROM 1857-1947 X HABIT LOPP</b>	<b>6</b>
<b>KNOW ONAM IN SHRIYA SAJEESH WAY X MUHARRAM-UL-HARAM</b>	<b>7</b>
<b>KNOW THE ROPES LEARN THE ROPES</b>	<b>8</b>
<b>RAMAPPA TEMPLE</b>	<b>9</b>
<b>CULTURE SENSITIVITY X FACT OF THE MONTH</b>	<b>10</b>
<b>FEILD TRIP</b>	<b>11</b>
<b>READER'S PERSPECTIVE</b>	<b>12</b>
<b>BRAIN CRUSH</b>	<b>13</b>
<b>RAKSHA BANDHAN</b>	<b>14</b>
<b>SNAPSHOT X ARTIST'S FINEST</b>	<b>15</b>
<b>THE LOST GEMS OF INDIA</b>	<b>16</b>
<b>A TAPESTRY OF INNOVATION AND CULTURE</b>	<b>17</b>
<b>STUDENT'S POV</b>	<b>18</b>
<b>MEET OUR CORE TEAM</b>	<b>19</b>
<b>AUGUST MONTH'S EVENTS</b>	<b>20</b>

**SOUL WHISPER OF THE MONTH**

**HUMILITY IS NOT THINKING LESS OF YOURSELF,  
IT'S THINKING OF YOURSELF LESS.**

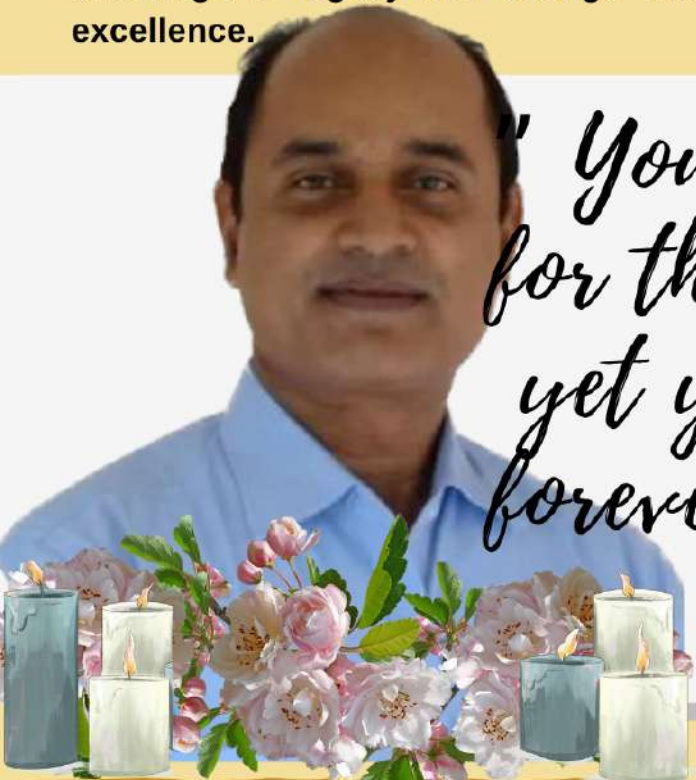


## IN MEMORIAM

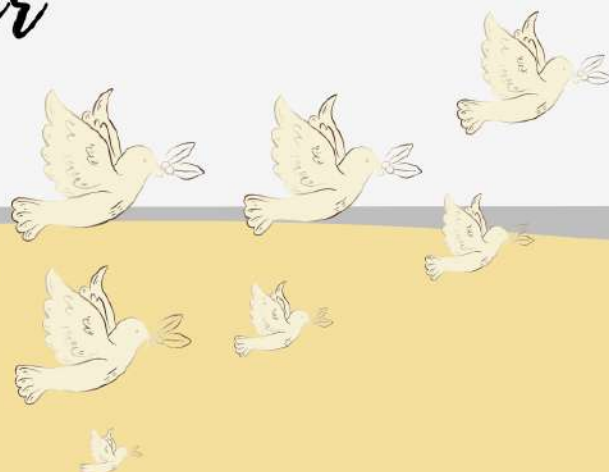
Rev. Bro. Dr. Yuju Francis was the principal of Little Flower Degree & PG College and was a Counselling Psychologist in Hyderabad. He had specialized in premarital counseling, grief and loss therapy, trauma therapy, internet addiction counseling, motivational counseling, and stress reduction. Many students of LFDC were counselled and mentored by him. He held a Masters's degree in Holistic Psychological Counselling from Bangalore University. He went on to do a Ph.D. in counseling psychology from Sampurna Institute of Advanced Studies in Bangalore, which is a practice school of Martin Luther Christian University in Shillong, Meghalaya. He had 20 years of expertise as a counselor, therapist, and trainer. For 10 years, he had taught high school English and Math. To add on, he taught at Montfort College in Bangalore for five years. He had over 18 years of experience as a skills trainer for students, teachers, and religious groups in many regions of the nation.

Besides this, Brother held a Diploma in Holistic Counselor Training and Management (HCTM), Sampurna- 1998, Certification in Body Mind Therapy-2006, and Certification in Basic Mediation--2007. Rev. Bro. Dr. Yuju Francis was keenly interested in Yoga, reading, listening to music, meditation, and Reiki, With an illustrious career in education and a strong passion for empowering students,

Rev. Bro. Dr. Yuju Francis will definitely be missed for his wealth of experience which brought a human touch towards our college community. We are confident that with his blessings & legacy our college will continue to thrive and reach new heights of excellence.



*"You touched our lives  
for the briefest of moments  
yet you will stay with us  
forever"*



**REV. BRO. DR. YUJU FRANCIS**

**18.07.1963 - 23.07.2023**

# INDEPENDENCE DAY EVENTS FROM 1857-1947

1. 1857: The Indian Rebellion of 1857, also known as the Sepoy Mutiny, begins.
2. 1858: The British East India Company is dissolved, and India comes under the direct rule of the British Crown.
3. 1885: The Indian National Congress (INC) is founded as a political organisation advocating for Indian independence.
4. 1905: Lord Curzon, the Viceroy of India, partitions Bengal, sparking widespread protests and the Swadeshi movement.
5. 1919: The Jallianwala Bagh massacre takes place in Amritsar, where British troops open fire on peaceful protesters, resulting in hundreds of deaths.
6. 1920-1922: Mahatma Gandhi launches the Non-Cooperation Movement, calling for Indians to boycott British institutions, goods, and services.
7. 1930: Mahatma Gandhi leads the Salt March, a nonviolent protest against the British salt tax, becoming a symbol of civil disobedience.
8. 1935: The Government of India Act is passed, granting limited self-governance to British India and introducing provincial autonomy.
9. 1940: The Lahore Resolution is adopted by the All India Muslim League, demanding the creation of a separate Muslim-majority nation called Pakistan.
10. 1942: The Quit India Movement is launched, with Mahatma Gandhi calling for complete Independence from British rule.
11. 1946: The Cabinet Mission arrives in India to propose plans for the transfer of power and the creation of a free and independent India.
12. 1947: India gains independence from British rule on August 15, and Pakistan is established as a separate nation on August 14, resulting in the Partition of India and widespread communal violence.

## HABIT LOOP

**PAGE BY PAGE: A JOURNEY TO KNOWLEDGE AND LIGHT-  
THE READERS ARE ENCOURAGED TO READ 2 PAGES PER  
DAY TO IMPROVE THEIR KNOWLEDGE AND TO HELP  
THEM BECOME AVID READERS.**

## KNOW ONAM THE SHRIYA SAJEESH WAY

**Interviewer : What is onam?**

**Interviewee :** Onam is a very prominent festival of Malayalis, it is celebrated to embrace the homecoming of Mahabali in Kerala every year. The people of Kerala believe that King Mahabali visits his people every year and that is why Onam is celebrated to welcome him. Also Onam is a harvest festival of Kerala, and many events and competitions like boat race.. etc.. are conducted to celebrate this beautiful festival.

**Interviewer: Your childhood memory of Onam**

**Interviewee: Visiting Kerala to see boat race and Shinkari melam, is my very found childhood memory. All these fascinated me a lot as a kid.**

**Interviewer: Speaking about boat race can you add on to it?**

**Interviewee: Vallamkali is the local name for the boat race. So many people participate in this. Every year during the festival the rivers and backwaters come to life, as 1000 of men row their snake boats head to head with all the energy, they also keep singing aloud the vanchipattu (boat song), to keep up the energy and keep them alive in the race. This is the tradition going on from 400 years. The winning team gets a huge prize. Every year a huge crowd comes to Kerala to see this race.**

**Interviewer: Your favorite thing to do in Onam**

**Interviewee :** My favourite thing to do in Onam is to help my grandparents decorate the pookalam with flowers and to make the mud statues. also my grandparents make my favourite Onam sadhya which completes the Onam celebrations. And I love to eat that!

**Interviewer: An end note from you, "on knowing onam the shriya sajeesh way."**

**Interviewee: Onam is a very important and loved festival in Kerala. Every Malayali may it be of any religion celebrates this festival with complete joy and happiness.**

## MUHARRAM-UL-HARAM: THE SACRED MONTH OF ALLAH

Muharram commences the start of a new Islamic Year. This highly blessed month of Muharram is one of the four sacred months outlined by ALLAH(SWT) and is of particular significance- warfare is absolutely forbidden. Its time to engage in fasting (9th & 10th days), devout worship, remembrance of Almighty, improve spirituality and refrain from sinning as the deeds done in this month have a greater weight on scales. The 10th day of this holy month is Ashura which holds high significance. It marks the following events:

- Almighty saved Prophet Musa (Moses)(AS) and Israelites from the tyrant Pharaoh by splitting the Red sea.
- Prophet Nuh (Noah)(AS) finally left the ark on this day.
- Battle of Karbala in which army of Yazid-I killed Husayn ibn Ali and 72 of his followers while the surviving were imprisoned at Damascus
- Prophet Adham(Adam)(AS) repentance was accepted and forgiven by Almighty in this month.

**Message of the month :** " Whoever provides spaciousness(goodness)for himself and his family on the day of Ashura, then Allah(SWT) will provide him spaciousness throughout the year " – Ai Baihaqi

MS.HEENA KOUSAR  
DEP.OF BIOTECHNOLOGY



## KNOW THE ROPES, LEARN THE ROPES

### 1. "Every cloud has a silver lining" :

This means that bad things one day eventually lead to good things.

### 2. "Fish out of water" :

This is used to refer a person who is out of his/her comfort zone.

### 3. "Snug as a bug in a rug" :

It refers to something that is warm and cozy

## DEJA-VU (PART 3)

Rohith narrated the script to the producer and the producer was totally impressed and offered a chance to Rohith. He asked Rohith "How much effort have you put in writing such a brilliant script?" and to his surprise Rohith said "What if I told you this wasn't fiction but a real story". The producer was shocked and said "What? Are you being serious?" Rohith says, "Yes, I heard it from one of my neighbours who lived in the same area where Kiran and Shekhar lived." The producer was shocked and wanted to know more about them but Rohith did not know more than this as the neighbors who told him this had relocated due to fear and did not know what had happened to Shekhar after the accident. The Producer was eager to know more decides to go in search of Shekhar with Rohith. Rohith Found out the address and both of them decide to go to Shekhar's house. It was a sunny afternoon but by the time they reached Shekhar's house it was 5 in the evening. They found many people jogging in the park nearby and decided to ask them the way to Shekhar's house as they couldn't exactly figure out his house. Finally they found a middle aged man who knew where the place was. The man happily agreed to ride with them to the place as he lives in the same locality. So he gets into the car and they start off to Shekhar's house. They introduced themselves to the man and said that they are looking for a guy named Shekhar for which the man smiles and replies, "I am Shekhar. "

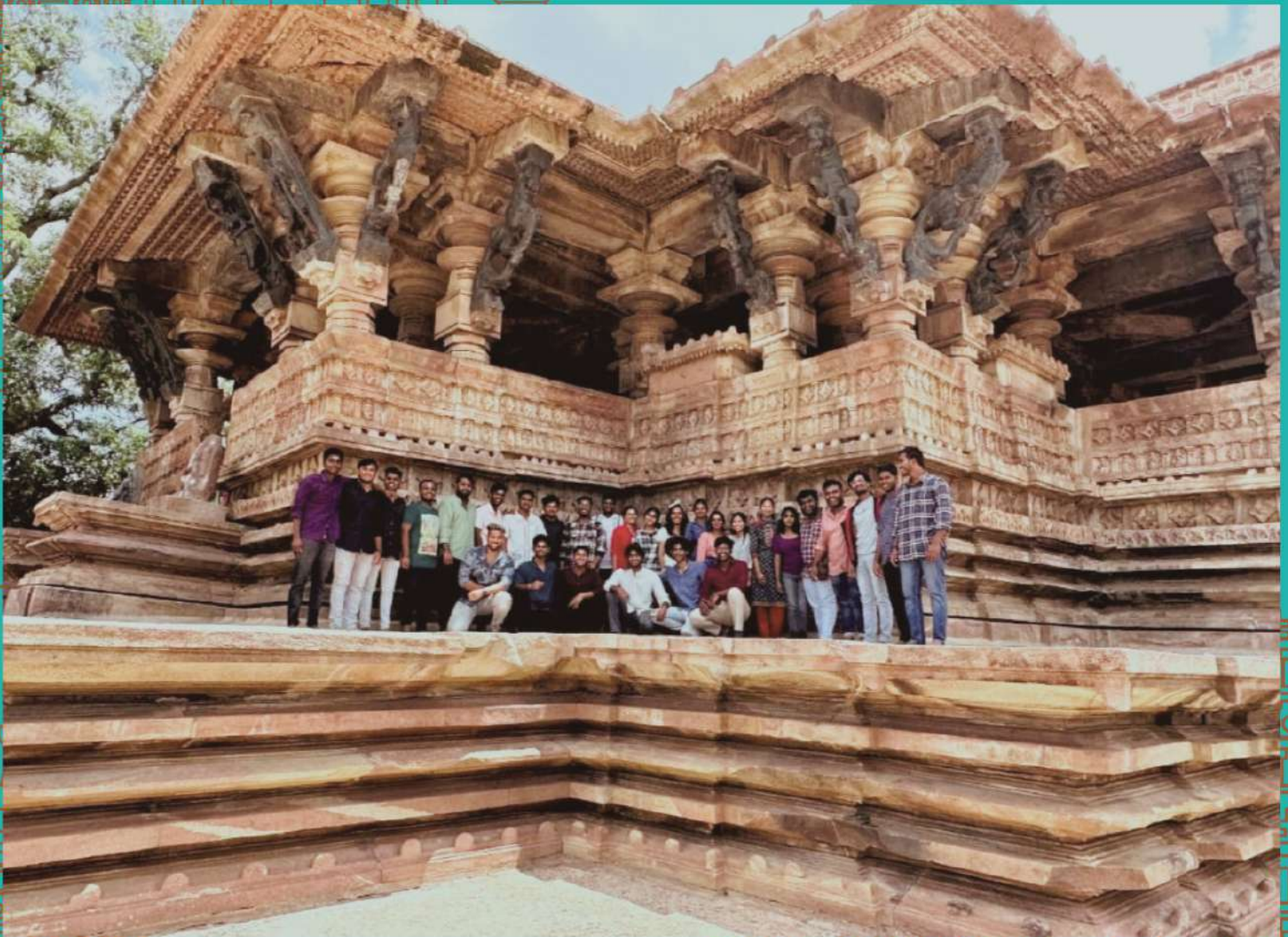
To be continued.....

Spencer Mahit Raj  
3B.Com CA-A





# RAMAPPA TEMPLE



**"WE HAVE CLICKED THIS PIC AT RAMAPPA TEMPLE WARANGAL. IT IS A UNESCO WORLD HERITAGE SITE. IT WAS BUILT BY KAKATIYAS IN THE 13TH CENTURY, DEVOTING IT TO LORD SHIVA. IT IS A BEAUTIFUL STRUCTURE FILLED WITH A LOT OF GREENERY AND SURROUNDED BY MOUNTAINS."**

**-STUDENTS OF B.COM CA. A 3**

# CULTURE SENSITIVITY

In our rapidly changing world, developing cultural sensitivity has become a crucial skill for students to navigate diverse societies and foster understanding and respect. By interacting with people from various backgrounds, students can actively promote cross-cultural understanding in their everyday lives.

Cultural sensitivity starts with a genuine curiosity about the world around us. Adopting an open-minded approach allows students to question their biases and explore different perspectives, appreciating the richness and diversity of cultures beyond their own. Personal experiences play a vital role in cultivating cultural sensitivity. Actively engaging in multicultural encounters, attending cultural events, or interacting with individuals from diverse backgrounds provide insights into their traditions and ways of life, breaking down stereotypes and fostering empathy. Effective communication is the key to cultural sensitivity. Actively listening and seeking to understand others' viewpoints promote respectful interactions. Meaningful conversations build genuine relationships based on mutual respect. Challenging stereotypes and prejudices is essential to promoting cultural sensitivity. Cultivating critical thinking skills helps students question and examine the stereotypes they encounter, treating individuals as unique representatives of their culture. Appreciating both the similarities and differences between cultures is vital. Recognizing shared values and universal human experiences fosters empathy and inclusivity, bridging the gaps that divide us. Active participation in intercultural collaboration helps cultivate cultural sensitivity. Students can engage in cultural exchange programs, collaborative projects, and events that celebrate diversity and promote dialogue. Cultural sensitivity is needed for students in an interconnected world. By developing this skill, students become catalysts for positive change, fostering empathy, respect, and unity. This lets them understand the beauty of diversity and work towards building a more inclusive and harmonious society for generations to come.

**A.LAKSHMI ANDAL**  
HOD., ENGLISH



## FACT OF THE MONTH

American microbiologist Dr. Hilleman developed 8 of the 14 vaccines routinely recommended: measles, mumps, hepatitis B, chickenpox, meningitis, pneumonia and Haemophilus influenza bacteria ( which brings on a variety of symptoms, including inflammation of the lining of the brain and deafness) . he also developed the first generation of a vaccine against rubella or German measles. The vaccines have virtually vanquished many of the once common childhood diseases in developed countries. He is credited with having developed more human and animal vaccines (around 40) than any other scientists, helping to extend human life expectancy and improving the economies of many countries. Dr. Hilleman probably saved more lives than any other scientist in the scientist in the 20th century. According to one estimate, his vaccines save nearly 8 million lives each year. Many have described him as one of the most influential vaccinologists of all time.

# FIELD TRIP



**Interviewer - Shriya**

**Interviewee - Maria Sherly**

**About the educational trip BBA students had on Monday 11th July to a Farm field. For the activity "India's Backbone the Farmer."**

**To understand the importance of nature and the life struggles of a farmer. The interview of one students who visited the farm is recorded here**

**Interviewer - Which field did you visit?**

**Interviewee - We visited rice fields... And we understood how important rice is, how the production of rice helps the farmers, and also how South Indians love rice n how rice is produced for the demand.**

**Interviewer - What did you learn from this field trip ?**

**Interviewee - We understood how hard-working farmer's life is, they have to in the sun, day n night to grow crops to feed us. We also understood how painful it is and how hard it is to take care of seeds.**

**Interviewer - Did you enjoy this field trip ?**

**Interviewee - We enjoyed it a lot, there was a river beside the farm we spent some time there, the boys also played cricket. We all had a perfect time in beautiful nature.**

**Interviewer - what would you tell the readers about this trip**

**Interviewee - This trip made us realize the importance of food and how farmers work day and night, so I would like to tell all the readers that please respect food n respect farmers and avoid wasting food.**

**Interviewer - That is a very good thought I hope our readers would understand this and respect food from now on.**



# READERS'S PERSPECTIVE

## BOOK: PERCY JACKSON AND THE TITAN'S CURSE

Heya people!!!!!!

Look who's back after a break??!! Your guide into the friendly world of..... Oops.... Almost friendly world of the demigods. This time, we are diving into the third book The Titan's Curse which is set six months after that..... \*you know what\* incident in the Sea of Monsters. The book begins with Percy, Annabeth and Thalia (for further doubts, please refer to the second book, your doubts will be cleared) answer to the call of Grover (who is Percy's best-friend) to help him bring a couple of demigods to Camp Half-Blood. They hope for a normal visit..... When he goes ahead normally for our demigod friend Grover they are off to an unusual place with a mantichore (a legendary animal with the head of a man, the body of a lion, and the tail of a dragon or scorpion..... I mean come on! Is it necessary to put all three of those together??) being their chosen monster for this time and are about to spectacularly lose when Artemis and her Hunters turn up and kill the mantichore. Then we see Artemis going off to hunt "The Band of Olympus" (destined to destroy Olympus ... as the name so obviously states) and Grover gets kidnapped by Luke Castellan and The General, a Titan. The entire book revolves around how the Hunters and the Campers combine forces to rescue Artemis.

This book introduces us to a couple of new gods and goddesses who are just as interesting as Hermes was. Firstly there is Artemis (the goddess of the hunt, the wilderness, wild animals, nature, vegetation, childbirth, care of children, and chastity..... Again how can one handle so many positions at the same time?), then comes Apollo (god of archery, music and dance, truth and prophecy, healing and diseases, the sun and light, poetry, and more..... Again same question How???), then we have the ultimate heart-breaker of Olympus Aphrodite (ancient Greek goddess associated with love, lust, beauty, pleasure, passion) and last but not the least here Athena (ancient Greek goddess associated with wisdom, warfare, and handicraft). Out of all the gods and goddesses, I think Artemis and Athena.... Because female empowerment.....

Why..... Why..... Why..... I'll say no more.... You guys gotta wait and watch!!!!!!  
 fast pace of the book.

P.S The ending btw is just shocking as usual..... You gotta look out for one of the two demigods I mentioned in the beginning.... He's gonna play a major role in our friend Percy's life..... Welp I'll say no more.... You guys gotta wait and watch!!!!!!



R.GAYATRI RAMAN  
BBA 2



# BRAIN CRUSH

## WWW-QUIZARD



1. What is the language used to create web pages \_\_\_\_\_
2. URL stands for \_\_\_\_\_
3. The WWW is an \_\_\_\_\_ system.
4. The Web was invented by \_\_\_\_\_
5. DNS stands for \_\_\_\_\_
6. Who made Microsoft \_\_\_\_\_
7. Name of Microsoft Corporation's web browser \_\_\_\_\_
8. in a chat, what does "rofl" mean \_\_\_\_\_
9. Name of Yahoo!'s instant messaging client \_\_\_\_\_
10. The term is given to a new window that opens automatically while browsing \_\_\_\_\_
11. Full form of Paytm \_\_\_\_\_
12. Who is the founder of Instagram \_\_\_\_\_



## MR./MS. BRAINY July Edition

Be the first one to mail us the correctly solved crossword along with your name, class/ Dept. (faculty) and a photo of yours and get featured in our magazine!

### ANSWERS FOR YOGA CROSSWORD

1. POWER
2. HAPPINESS
3. WELLBEING
4. PEACE
5. HATHA
6. BIKRAM
7. CALM
8. IYENGAR
9. ASHTANGA
10. MINDFULNESS



O. NISHITHA  
BA 3 (PSYCHOLOGY)

# RAKSHA BANDHAN

Raksha Bandhan is the celebration of the unbreakable link of love and care that exists between sisters and brothers. Every year this festival is celebrated on the last day of the Hindu lunar calendar month of Shravana, which generally falls in August. This year, the festival is going to be celebrated on August 30. On this day, sisters traditionally fast, light a lamp for their brothers, feed sweets, and apply 'Tilak' on their forehead and tie a talisman or amulet called the rakhi around the wrists of their brothers. Then sisters receive a gift in return and traditionally invest the brothers with a share of the responsibility of their potential care. According to Hindu mythology, when Lord Krishna's finger was cut by Sudarshana Chakra, Princess Draupadi tied a knot on it from the border of her saree as a remedy. Lord Krishna then promised to protect her from any difficulty she would encounter in the future. While Raksha Bandhan is celebrated in various parts, different regions commemorate the day in different ways. This day is celebrated as Jhulan Pournima in West Bengal and as Gamha Pournima in Odisha. Among the Koli community in Maharashtra, it is celebrated along with Narali Pournima. In Nepal, it is celebrated by both Buddhists and Hindus as Janai Pournima or Rishitarpani. Every year, many elegant Rakhis are sold to celebrate the auspicious occasion of Raksha Bandhan. Rakhi stalls are embellished by offering purchasers a variety of choices. Thus, this spiritual festival of Raksha Bandhan honors the wonderful relationship between brothers and sisters.



H. SHIVANJALI  
BTMC (ALUMNI)

# SNAPSHOT



**CHANDANA REDDY**  
BBA 3B



**A.LAKSHMI ANDAL**  
HOD., ENGLISH

# ARTIST'S FINEST



**SOWKITHA**  
BA

# THE LOST GEMS OF INDIA

Dear Readers, I bring you the amazing life of ancient India's first dynasty 'The Mauryan Dynasty' founder Emperor Chandragupta Maurya.

## EMPEROR CHANDRAGUPTA MAURYA -350-295 BC

Chandragupta Maurya, was the founder of the first dynasty of ancient India called the Mauryan Dynasty. The dynasty reached its peak under the reign of his grandson, ASHOKA. Chandragupta Maurya was an important figure in the history of ancient India, who laid the foundations for a united India. Chandragupta under the tutelage of Chankya created the first empire based on the principles of statecraft and built an army for expanding his empire, applying the text of Chankya's Arthshastra. Before Chandragupta consolidated his empire, Alexander the Great, invaded North-West India, but did not step into the heart of India. He left India leaving the conquered territories to his Satraps. Later Chandragupta defeated the Greek Satraps of Hindu-Kush, Modern day Bengal to Afghanistan, making inroads into Central and South India. Chandragupta's reign saw an era of economic prosperity, reforms, infrastructure expansions and tolerance. Many religions thrived under his rule like Buddhism, Jainism, Ajivika, Zoroastrianism, and Greek pantheon. According to Jain text, due to famine in north India, Chandragupta abdicated his throne to his son Bindusara, led a group of Jain monks to south India, lived as an ascetic at 'shravanabelogola' near Karnataka and fasted to death as per Jain practice of Sallekhana. A memorial to Emperor Chandragupta Maurya exists in Chandragiri hill in Karnataka. The Indian postal service issued a commemorative postal stamp honoring Emperor Chandragupta Maurya in 2001.



**MS. THANE**  
**DEP. BA POL. SCI**



# A TAPESTRY OF INNOVATION AND CULTURE: INDIA'S ENDURING CONTRIBUTIONS TO THE WORLD

India has woven a complex tapestry of contributions that have influenced and shaped the world. India is a region of numerous cultures and ancient civilizations. India's heritage has had a lasting impression on world history, from significant contributions to math and science to spiritual wisdom and artistic excellence. The most significant contributions that have been made to humanity, which have had a lasting impact on many facets of life, are examined in this article.

## The Concept of Zero in Mathematics

One of India's most groundbreaking contributions to the world is the idea of zero, a fundamental element of contemporary mathematics. Indian mathematicians created positional notation and the decimal system about the fifth century CE, and the concept of measurement. This ground-breaking idea revolutionized international trade, engineering, and astronomy by laying the groundwork for modern algebra and mathematics.

## Meditation and Yoga

Yoga and meditation have become popular practices around the world by the spiritual traditions of India. These age-old practices have been shown to have a variety of benefits, including the improvement of physical and mental health. Yoga, in particular, has become a popular form of exercise, providing millions of people with a means of staying active and strong.

## The Science of Healing Through Ayurveda

Ayurveda is a traditional Indian system of natural cures and holistic health. Ayurveda has been used for thousands of years as an alternative medicine all across the world because of its focus on natural cures and holistic health. It has been shown to be effective in the treatment of a wide variety of diseases and overall health.

## The Epics and Literary Works

A wealth of profound literary works may be found in India's literary tradition. The Mahabharata and Ramayana are two of the most famous epics that have reached audiences around the world and struck a chord with readers. These epics are not only fascinating to read, but they also include valuable lessons and moral nuggets that have inspired many generations.

## Architecture and the Arts

Indian art and architecture have had a significant influence on the cultural landscape of the world. Ancient Indian temples' elaborate carvings and sculptures are evidence of the nation's talented craftspeople and architects. Traditional painting techniques like Madhubani and Tanjore, as well as Indian dance forms like Bharatanatyam and Kathak, have won praise from people all over the world for their beauty and diversity.

## Contributions to Technology and Science

The history of India's contributions to science and technology spans millennia. Indian astronomers who were ahead of their time, including Aryabhata and Brahmagupta, made important advances in astronomy and mathematics. Their efforts helped improve a number of scientific subjects, including the development of the decimal system.

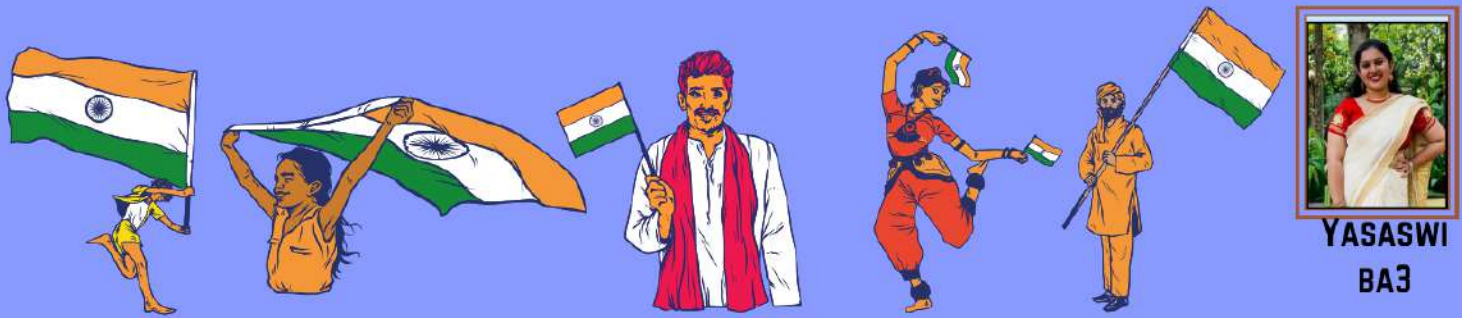
### Spices and the History of Food

Indian spices have long been prized for their distinctive flavors and therapeutic benefits throughout the world. Ancient traders created the Spice Route through India, which united East and West and improved gastronomy throughout the world. The richness and complexity of gastronomic experiences around the world have been enhanced by the impact of Indian culinary traditions on a wide range of international dishes.

### Philosophy and Democracy

The world's earliest documented republic, the Vaishali Republic, was founded in ancient India about 2,500 years ago, demonstrating the early democratic guiding principles. The doctrines of non-violence, compassion, and enlightenment were spread by philosophers like Gautama Buddha and Mahavira, who had a significant influence on philosophical thought throughout the world.

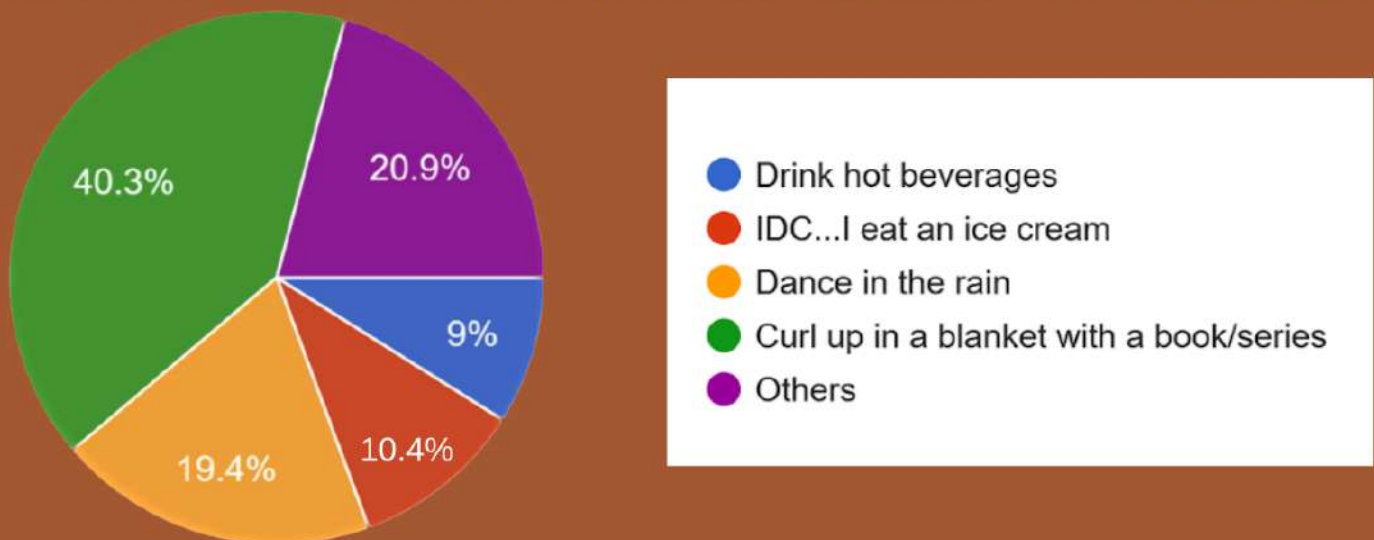
India has made numerous, lasting contributions to the globe, including in science, spirituality, the arts, and civilization. Its legacy has inspired and enriched humanity ever since, developing a universal respect for the variety of human thought and culture. In a world that lives on diversity, acknowledging India's contributions promotes a greater understanding of our shared human heritage and fosters cooperation and respect. We must celebrate and recognize India's timeless contributions to the world as a part of our shared human legacy as we move forward.



**YASASWI**  
BA3

## STUDENT POV

### WHAT DO YOU DO THE MOST IN THE MONSOON SEASON ?



# OUR CORE TEAM



**Mrs. Lakshmi Andal**  
HOD, English Department



**Sri Vidhya- BA 3**  
Managing Editor

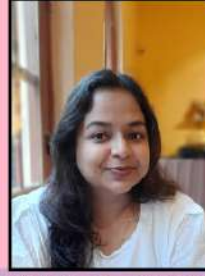
## Content team A



**Dhiya Babu- BA 3**  
Chief Content Editor



**G Madhav- BA 3**  
Content Manager



**Aditi Singh- BTMC 3**  
Content Moderator



**Himaja C- BTMC 1**  
Intern

## Content team B



**D Sai Yasaswi- BA 3**  
Content Editor



**Shriya Sajeesh- BBA 2**  
Associate Content Editor



**Swati Kumari- BTMC 3**  
Content Curator



**Tahir Baig- BA 2**  
Outreach Specialist

## Copy Desk



**Jaden Collins- BBA 2**  
Copy Desk Lead



**Hannah Angelina- BA 2**  
Content Reviewer



**Saraswathi- MPCS 3**  
Proof Reader

## Design Team



**Nitish Kumar- BBA 2**  
Design Team Lead



**G. Bhargava-BCOM 2**  
Associate Designer



**Roshan-BCOM 2**  
Layout Artist



**Shreshta- MSDS 1**  
Intern



**Ajay Bhushan- BA 1**  
Intern

**FRIENDSHIP DAY IN INDIA - 6TH AUGUST**

**NAGASAKI DAY - 9TH AUGUST**

**BOOK LOVERS DAY - 9TH AUGUST**

**INTERNATIONAL YOUTH DAY - 12TH AUGUST**

**WORLD ELEPHANT DAY - 13TH AUGUST**

**INTERNATIONAL LEFT HANDERS DAY - 13TH AUGUST**

**INDIAN INDEPENDENCE DAY - 15TH AUGUST**

**WORLD PHOTOGRAPHY DAY - 19TH AUGUST**

**WORLD HUMANITARIAN DAY - 19TH AUGUST**

**WORLD SENIOR CITIZEN DAY - 21ST AUGUST**

**WOMEN'S EQUALITY DAY - 26TH AUGUST**

**INTERNATIONAL DOG DAY - 26TH AUGUST**

**NATIONAL SPORTS DAY - 29TH AUGUST**

**TELUGU LANGUAGE DAY - 29TH AUGUST**

**ONAM - 29TH AUGUST**

**NATIONAL SMALL INDUSTRIES DAY- 30TH AUGUST**

**RAKSHA BANDHAN - 30TH AUGUST**

