

LITTLE FLOWER DEGREE AND PG COLLEGE
UPPAL, HYDERABAD-500039

The Department of Chemistry organised competition programmes for a week as part of the "Nutrition Month Celebration." The programmes were conducted for the students of LIFE SCIENCES in P23, chemistry lecture hall, from 22 to 29 September, 2023. The theme of Nutrition Month 2023 is "Healthy Diet Going Affordable for All." This theme was chosen to highlight the importance of ensuring that everyone has access to nutritious food, regardless of their income level. On the first day, an E-POSTER presentation was conducted on "Diseases caused by poor eating habits". On the second day, a group discussion on homemade food was held. On the third day, there was the nutrition quiz. On the fourth day, the food expo day, students brought traditional foods of high nutritional value. The fifth day was a video presentation on "Healthy Diet Going Affordable for all" On the sixth day, a guest lecture was organised. Mrs. Jharna Puppala, Assistant Professor from NIN-ICMR, Hyderabad, was the resource person. She spoke about "nutrition for a healthy life." She interacted with students and answered their questions. The students enthusiastically participated in the competitions.



Btmic-2 ,Edna participating in video presentation



BTMIC-3,Sandeepthi presenting her video presentation.



Students actively participating in group discussion



Student of 2nd BtMiC participating in E-poster presentation.



Judging time for the food Expo



Judging time for the food Expo



Students receiving certificates from guest speaker Dr. JHARNA PUPPALA



Guest speaker Dr. Jharna Puppala from NIN-ICMR delivering the lecture on nutrition for a healthy life.