

NUTRITION MONTH CELEBRATIONS **VIDEO PRESENTATION COMPETITION**

The Faculty of Biotechnology, Department of Life Sciences organised a video presentation competition for BSc. Life Sciences students on 22.09.2023. The competition aimed to provide a platform for students to provide a way for learners to see and hear information more dynamically and engagingly than traditional text-based materials. The participants were required to present a video of 2-3 minutes on Country/State specific foods. The presentations were judged on a number of criteria, including technical content, skills, and creativity. Students learnt to use technology (apps) to deliver their ideas, outline their work using visuals and audio and also learnt to analyse and select the efficient information.



SEPTEMBER 22, 2023: Life-Science students of all three years participated in Video on the topic "Food around the world" as part of Nutrition Month Celebrations.

ABSTRACT WRITING COMPETITION

The Faculty of Biotechnology, Department of Life Sciences organised an abstract writing competition for BSc. Life Sciences students on 22.09.2023. The competition aimed to provide a platform for students to showcase their research and presentation skills, and to encourage them to explore new ideas and concepts in the field of biotechnology. The competition was open to all BSc. Life Sciences students, and participants were required to write an abstract of 250 words on Role of Calcium as a Supplement. The presentations were judged on a number of criteria, including content, writing skills, and language. Overall, the competition organised by the Faculty of Biotechnology at Little Flower Degree College was a great opportunity for the students to develop their writing, presentation, and research skills.



SEPTEMBER 22, 2023: Life-Science students of all three years participate in Abstract Writing Competition on the topic “Role of Calcium as Supplement” as part of Nutrition Month Celebrations.

COLLAGE MAKING COMPETITION

The Faculty of Biotechnology at Little Flower Degree College organised a collage making competition for BSc. Life Sciences students on 25.09.2023. The competition aimed to provide a platform for students to provide a way for learners to see and hear experiencing collage as a tool for thinking, a means for articulating form, as inspiration for transferring ideas to their art practice and probes traditional and experimental methods that enable you to visualise your ideas.

The presentations were judged on a number of criteria such as content and creativity. The competition was a great success, with many talented students participating and presenting their ideas on the given topic. The best collages were awarded and appreciated by the judges.



SEPTEMBER 25, 2023: Life-Science Students of all three years took part in collage making competition on the topic "Probiotics" as part of nutrition month celebrations.

FOOD EXPO

The Faculty of Biotechnology, Department of Life Sciences organised an abstract writing competition on 26.09.2023. The competition aimed to provide a platform for students to showcase their cooking and presentation skills and to encourage them to understand the nutritional value of traditional foods. The participants were required to present a dish with its nutritional content. The presentations were judged on a number of criteria including taste, visual appeal, and nutritional content. The competition was a great success, with many talented students participating and presenting their dishes.



SEPTEMBER 26, 2023: Life-Science Students of all three years prepare traditional dishes and participate in food expo as part of nutrition month celebrations.

TEST YOUR KNOWLEDGE - QUIZ COMPETITION

The Faculty of Biotechnology, Department of Life Science organised a quiz competition on 27.09.2023. The competition provided a platform which was a coverage of intelligence and curiosity. Total of 4 rounds with 4 questions per round was the criteria. The quiz tested their knowledge on various nutritional facts, compounds in foods and specialities of foods. The winners were awarded prizes and certificates for their outstanding performance. Overall, the competition organised by the Department of Biotechnology at Little Flower Degree College was a great opportunity for students to develop their knowledge on various aspects of foods and its nutritional value.



SEPTEMBER 27, 2023: Life-Science students of all three years took part in the quiz, as part of nutrition month celebrations.

NUTRITION MONTH CELEBRATIONS **GUEST LECTURE**

The Faculty of Biotechnology organised a Guest Lecture on Nutrition for Healthy Life for BSc. Life Sciences students on 29.09.2023. Dr. Jharna Puppala – Assistant Professor at NIN was the speaker of the talk. The talk focused on the healthy body and healthy life. Ma'am described the concepts and importance of the nutrition in maintenance of the daily life activities. An active interaction between students and ma'am was seen and program helped students to understand the proper meal concept



SEPTEMBER 29, 2023: Life Students of all three years attend the guest talk given by Dr.Jharna Puppala. Dr. Jharna awarded the winners of the competitions held as part of Nutrition Month Celebrations.

. The prize distribution was followed for the competitions held throughout the week. The winners were awarded prizes and certificates for their outstanding performance.