

# LITTLE FLOWER DEGREE COLLEGE

Affiliated to Osmania University)

Uppal, Hyderabad

Managed by Brothers of St. Gabriel Educational Society



## PHYSICAL EDUCATIONAL POLICY

## **Preface**

LFDC Sports and Games policy forms the backbone of sports and games activities within the academic institution. It encompasses a set of regulations, guidelines and principles governing various aspects of Sports & games including recruitment, eligibility, competition and athlete welfare. These policies shape collegiate sports and influence an overall campus culture. Most importantly it paves a way for a potential career in athletics while fostering a strong sense of sportsmanship.

### **1. Objective**

- Encourage student involvement in a diverse range of sports and games activity offered by the college.
- Provide opportunities for students to enhance their athletic abilities and acquire new skills through structured training and coaching.
- Implement measures to safeguard the physical mental and academic well-being of student athletes including academic support.
- Adhere to national and regional athletic associations, guidelines and regulations for eligibility in participation in inter-collegiate competitions.
- Support student athletes in pursuing career pathways in athletics through networking opportunities and mentorship.

### **2. Scope**

- Emphasize the importance of physical activity for overall wellbeing and encourage students to adopt an active lifestyle through sports participation.
- Create opportunities for students to engage in sports and games activities regardless of skill level or experience.
- Provide support for students to balance their academic and specialized commitments effectively.
- Ensure adherence to relevant governing body regulations

### **3. Composition**

- Principal
- Vice Principal
- Physical director
- Student Sports Secretary (Boy and Girl)

#### **4. Roles, Responsibilities and Functions**

- Encourage students to participate in sports and games to promote physical well-being and a healthy lifestyle.
- Ensure the availability and maintenance of sports facilities, equipment and grounds to support various sports activities.
- Plan and coordinate intra and inter collegiate tournaments for both men and women.
- Organize games for faculty and staff on days such as Women's Day and Teacher's Day celebrations.
- Identify talented players by organizing trials to represent college at a higher level of competition.
- Promote a balance between academics and sports by providing flexible schedules, academic support and incentive for students.
- Ensure the implementation of safety measures medical support during sports events.
- Acknowledge outstanding achievements of students through awards, fee concession and recognition to inspire others.

#### **5. Policies**

- 5.1** Physical director is the coordinator along with four teaching faculty as its members and two student secretaries (a girl and a boy).
- 5.2** Students interested can enroll in sports and games to hone their skills and they are selected through the selection trials for specific games and sports, and are permitted to practice during morning/after college hours.
- 5.3** Sports and games periods are planned for all students in the college curriculum for well-balanced character development.
- 5.4** Through sports and games, college offers students the chance to play competitive sports at the college, university and national level.
- 5.5** For the promotion of sporting activities and interest, facilities and equipment are provided to staff/students.
- 5.6** Safety equipment to staff/students are also provided to prevent injuries like first aid kits, helmets, shoulder pads etc.,
- 5.7** Stock registers for issuing sports items are maintained regularly and the sports items to be returned in a given time without any damage.
- 5.8** Indoor and outdoor sports and games are made available to the staff/students with rules and instructions like time limit, materials not returned or returned in unusable conditions.

- 5.9 Every academic year Inter-collegiate competitions are organized for the students. shields, cups, mementoes to winners and runners up are presented along with merit/participation certificates to the participants on annual day.
- 5.10 Prior to the intra and inter collegiate competitions, agenda, flyer, invitation, registration and preparation of playgrounds are to be planned well in advance by the coordinator and members and the same approved by Principal/Vice-Principal.
- 5.11 Inter-collegiate competitions are conducted annually on sports day in collaboration with sports officials from Osmania university as representatives.
- 5.12 Eminent sports personalities (Regional, National) are invited for the opening and closing ceremony for inter-collegiate competitions.
- 5.13 Students who make a mark during the competitions are later selected to represent the college at various games and sports at university/state/national levels.
- 5.14 Students who excelled and brought laurels to college in games and sports at various levels of the competitions and won medals (individual/team) shields (team) are felicitated by the management and trophy displayed prominently in the college.
- 5.15 Staff/students are imparted with supplementary skills/seminars/workshops (yoga, self-defense, gym etc.) other than the regular sports and games activities.
- 5.16 Best student 'Sports and Games' is awarded to students for participating and winning more awards in intra and inter collegiate sports conducted at college, university, state level.

#### **Attendance/Financial support/Internal Exams**

- 5.17 The college provides financial support in the form of fee concession up to 50% for the eligible candidates during admission.
- 5.18 Attendance requirements for students in college is to accommodate a demanding schedule of students. Attendance will be provided according to the schedule of Osmania University for participation in intercollegiate, inter university, State and National level tournaments.
- 5.19 Students who take admission under sports quota representing inter university, regional and national level tournaments, should not be stopped from writing the internal assessment examination.
- 5.20 Students who play for college level competitions must write all exams conducted by the college.

*Jayanthi*  
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